

Club Duties

If you are unable to fulfill your duty,
PLEASE FIND A REPLACEMENT,
then let the meeting chair know.

June 19th, 2019

Front Door Greeters:

Brandon Kolybaba & Denise Larson

Front-of-House:

Karin Mattern

Invocation:

Caitlin Mangi-
acasale-Ashford

Meeting Notes:

Janice Perrino

Introductions:

Janice Perrino

Rotary Minute:

Kris Rongve

50/50:

Bonnie Murrell

Sgt at Arms:

Sher Holubowich

June 26th, 2019

Front Door Greeters:

San Mahara & Bonnie Murrell

Front-of-House:

Karin Mattern

Invocation :

Sher Holubowich

Introductions:

Dave Perry

Meeting Notes:

Terry Rogers

Rotary Minute:

Eileen Tatton

50/50:

Bonnie Murrell

Sgt at Arms:

Denise Davidson

July 3rd, 2019

Front Door Greeters:

Teresa Nielson & Doug Pearson

Front-of-House:

TBA

Invocation:

Karin Mattern

Introductions:

Fred Pons

Meeting Notes:

Randall Taylor

Rotary Minute:

Randall Taylor

50/50:

Caitlin Mangiacasale-Ashford

Sgt at Arms:

Daryl Knievel

Weekly Wake-up

Upcoming Programs

June 19 - Business Information Meeting / Doug Lum Installation

June 26 - Exchange Students

July 3 - Multicultural Society – Jennifer Fowler, Executive Director

Daybreak Members work in Guatemala Appreciated...

Patrick Maguire received this photo from Vicki Horsefield from San Antonio Aguas Caliente. Graham, Patrick & Ron built a cover for their washtub, added a sink and improved privacy in their toilet and upstairs added a cover for a classroom

The photo was taken before they finished putting up the rest of the covering.

We might think of stress as a 1st world issue but poverty obviously brings its own set of worries and concerns. The moms in our program are grateful to learn some coping tools by participating in a 6 week meditation workshop thanks to Heidi from Mindful Guatemala. We are also appreciating our beautiful new all purpose space on our roof, thanks to Nanaimo Daybreak Rotary Club.

#education #women #poverty
#makeanimpact #serviceaboveself
#empoweringchange



[Link to Daybreak Calendar...](#)

http://www.daybreakrotary.ca/index.php?p=1_14

[Sunshine Ladies reminder...](#)

A reminder...If any members know of another member who is ill or who has had a death in the family, please let our Sunshine Ladies, Sher or Donna know, so that they can send out a card on behalf of the club. Thank you.

Please send content and photos for the Weekly Wake-up to robbmowbray@telus.net

Club Birthdays

No Birthdays this week.

Club Anniversaries

June 21 Ken & Brenda Hammer

Meeting Notes - June 12/2019 submitted by Bill Hardy, photos by ???.

- ◆ 7 AM... President Ev meeting called to order
- ◆ O'Canada - Rod on sax, all was good
- ◆ Introductions – Denise Davidson
 - Visiting Rotarians – Wendy and Bev
 - Guests – Iyla, Ayo and Kix our guest speaker.
- ◆ Kris Rongve, Sargent at arms – assigned tables...breakfast was served
- ◆ **Rotary Minute** Terry Rogers – spoke on the golf tournament, how everyone came together to make a success, maxed out on golfers, 25 Sponsors and \$1,148 made on the wine draw all from the support of the club. \$13,700 Net made give or take.
- ◆ **Announcements**
 - **Doug Pearson** – attended scholarship awards ceremony, San's son received one from our club.
- ◆ **Guest Speaker** Kix Citton Executive Director for Nanaimo Brain Injury Society
Wendy Pratt – board member
 - ◆ **Kix**
 - 20 yrs of working with non-profit organizations
 - Degree completed in Health and Community Services at University of Victoria
 - NBIS 30yrs plus in Nanaimo
 - Brain injuries called the Silent Epidemic....effects 480 people per day in Canada
 - Major cause are people who take falls, then motor vehicle accidents / assaults and sports injuries. Other causes are stroke, Hypoxia which is the stopping of oxygen flow to the brain, such as overdoses.
 - Sustaining a brain injury there is a higher chance of addiction, becoming homeless and incarceration. Early intervention is a key – activities, family and friends and contributing to the community.
 - Recovery stages – physical healing, new learning, realization life has changed, reality, depression, acceptance and then new learning.
- ◆ **50/50 – Jeff** won \$48
- ◆ **Foundation – Jodi** won \$11
- ◆ **Kris – sgt of arms** – fined herself a couple of times and tried to fine Ron, but she was actually mistaken. Lots of happy bucks.
- ◆ **Four way test recited** – meeting adjourned
- ◆ **Until next time** - Have a good one and Be Good

Rotary Contacts

- Club President:**
Evelyn Boegh
- Past President:**
Nathan Thornton
- Vice President:**
Christine McAuley
- Club Secretary:**
Ron Blank
- Club Treasurer:**
Doug Pearson
- Club President Elect:**
Doug Lum
- International Service Director:**
Graham Calder
- Community Service Director:**
Dave Perry
- Youth Service Director:**
Bill Hardy
- Club Service Director:**
Donna Allen
- Member Service Director:**
Rod Fay
- Bulletin Editor:**
Robb Mowbray
- Assistant Governor Area 4:**
Wayne Anderson
- District Governor 2018-2019:**
Craig Gillis
- RI President 2018-2019:**
Barry Rassin

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*Make-ups*

To ensure that your make-up information is properly recorded, send any info on extra meetings attended, extra committee work, service projects, online work, etc. to Denise Davidson.

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Four Way Test

1. Is it the TRUTH?
2. Is it FAIR to all concerned?
3. Will it build GOODWILL and BETTER FRIENDSHIPS?
4. Will it be BENEFICIAL to all concerned?

Rotary Club Meetings

Monday – Parksville, Bayside Inn, Noon
 1st, 2nd, 3rd Tuesday – Nanaimo North, Nanaimo Golf Club, 6:10 pm
 Wednesday – Nanaimo Oceanside, Nanaimo Golf Club 5 p.m.
 Thursday – Lantzville – ABC Restaurant on Mary Ellen Drive, 7 a.m.
 Friday – Nanaimo – Coast Bastion Inn, 12:15 p.m.

HAVE A GREAT WEEK!

