

Newsletter Date: October 21st, 2015



Volume 20, Issue 16

Weekly Wake-up

upcoming Programsy

October 21st - Club Assembly - Business Meeting October 28th - Kevin Dobson - Rotary Exchange Student November 4th - TBA

October 21st, 2015 **Front Door Greeters:**

Terry Rogers & Neil Sorsdahl

Club Duties

If you are unable to fulfill your duty, PLEASE FIND A REPLACEMENT, then let the meeting chair know.

Invocation: Kim Howland

Introductions: Rod Mont

Rotary Minute: Kim Howland

50/50:

Patrick Maguire

Sgt @ Arms: Kris Rongve

October 28th, 2015

Front Door Greeters:

Kris Rongve & Harry Stephan

Invocation: Brian Kirkhope Introductions: Robb Mowbray

Rotary Minute: Daryl Knievel

50/50:

Patrick Maguire

Sgt @ Arms: Dave Thompson

November 4th, 2015

Front Door Greeters:

Randall Taylor & Dave Thompson

Invocation: Daryl Knievel Introductions:

Heather Owen

Rotary Minute: Denise Larson

50/50: Bill Brendon

Sat @ Arms: Denise Davidson

<u>NOTICES & NEWS</u>

Christmas Auction change this year...

NANAIMO DAYBREAK CHRISTMAS AUCTION. 6-8:00 PM DECEMBER 9TH. 2015 THE OLD CITY STATION PUB BEER AND BURGER NIGHT COST: \$20.00 \$6.00 WILL GO TO THE BEER AND BURG-ER -- THE REST FOR OUR DONATION TO HAMPERVILLE

SILENT AUCTION AND SOME SPECIALS FOR A LIVE **AUCTION**

FOR DAYBREAK ROTARY MEMBERS ---- THE REGULAR MORNING MEETING ON DEC. 9TH IS CANCELLED. THE MEETING IS NOW OUR CHRISTMAS AUCTION.

COME ONE: COME ALL BRING FRIENDS, PARTNERS -- GREAT OPPORTUNITY TO SUPPORT HAMPERVILLE.



It's OKTOBERFEST 2015

this Friday, October 23rd!!!

The Event website is at <u>nanaimooktoberfest.com</u> And let's sell those tickets Let's make it a successful event!!!

Please send content and photos for the Weekly Wake-up to robbmowbray@telus.net

Club Birthdays

Oct. 26 Kim Howland

Club Anniversaries

No Anniversaries this week.

Meeting Notes - Oct. 14th

submitted by San Mahara, photos by Donna Allen

Karen Mattern collected the money, while Wayne Peddie and Leanna Plug were busy welcoming the members. After president Eileen Tatton opened the meeting, Rod Mont played his saxophone for O Canada.

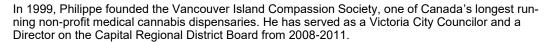
Patrick Maguire did the invocation, followed by Doug Lum's Rotary minute. He talked about the Youth Exchange program for which the budget has increased, as there will be one more inbound student.

Brian Kirkhope updated us about the upcoming Oktoberfest, happening on October 23. He needs more helping hands for set up and take down. Please contact Brian or Scott Bradford for details.

The guest were Phillipe Lucas from Tilray in Nanaimo and Sameera Mahara, grade 6 student from McGirr. Sameera has collected, with the help of her friends, and donated to the club funds for Nepal.

Phillippe is a VP of Patent and Research at Tilray, a facility dedicated for mass producing medical Marijuana. He has a Masters degree and is a PhD student at the UVic Social Dimensions of

Health program. He is a Research Affiliate with the Center for Addictions Research of British Columbia. His scientific research interests, projects and publications include the therapeutic use of cannabis, Canadian and International cannabis policy, and the use of cannabis in the treatment of addiction.



He dedicated his talk on the production, use and distribution of Medical Cannabis from the Tilray plant, which is one of the economic boosters for the city. He said use of medical cannabis has gained legal status now after a long battle such that 2-4% of adult population use the drug for medical purpose. A compound called THC,, found in cannabis is the main reason for its therapeutic effect. There are 26 licensed practitioner in Canada.

Tilray is situated in a 60,000 sq. ft. facility at Duke Point and has created 125 full time jobs. He claims it is the largest agricultural hiring facility is the region. The core values of the Tilray, among

others, is to shine a light on the shadow of the industry by maintaining professionalism and research.

Tilray had become very innovative, making THC available in different forms, including liquid capsules, drops, vaporizer oils, Oral spray and tropical oils.

Thank you Philippe for sharing your passion with us.

San got extra money for Foundation. The fines and happy bucks were collected and the meeting was adjourned.



..Pres Eileen with guest speaker, Phillipe Lucas of Tilray.

HAVE A GREAT WEEK!

Rotary Club Meetings

Monday – Parksville, Bayside Inn, Noon

Tuesday - Nanaimo North, Frith-Radcliffe Auditorium, Kiwanis Village, 6:15 p.m.

Wednesday - Nanaimo Oceanside, 3rd Street Fieldhouse, 5 p.m.

Thursday – Lantzville – ABC Restaurant on Mary Ellen Drive, 7 a.m.

Friday - Nanaimo - Coast Bastion Inn, 12:15 p.m.



Doug gave us a Rotary Minute on the Youth Exchange Program...

Rotary Contacts

Club President:

Fileen Tatton

Past President:

Don Bonner

Vice President:

Evelyn Boegh

Club Secretary:

Kim Howland

Club Treasurer:

Anna Jones

Club President Elect:

Neil Sorsdahl

International Service Director:

Nelson Allen

Community Service Director:

Harry Stephan

Youth Service Director:

Terry Rogers

Club Service Director:

Don Bonner

Bulletin Editor:

Robb Mowbray

Assistant Governor Area 4:

Bev Hilton, Oceanside

District Governor 2015-2016:

Rose Bowman, Chehalis RI President 2015-2016:

K.R. "Ravi" Ravindran

Make-ups

To ensure that your make-up information is properly recorded, send any info on extra meetings attended, extra committee work, service projects, online work, etc. to Neil Sorsdahl at goldendivot@shaw.ca

Four Way Test

- 1. Is it the TRUTH?
- 2. Is it FAIR to all concerned?
- 3. Will it build GOODWILL and BETTER FRIENDSHIPS?
- 4. Will it be BENEFICIAL to all concerned?

