



Club Duties

*If you are unable to fulfill your duty,
PLEASE FIND A REPLACEMENT,
then let the meeting chair know.*

May 16th, 2012

Front Door Greeters:

Christine Craigie
& Denise Davidson

Invocation:

Denise Davidson

Introductions:

Ken Hammer

Rotary Minute:

Neil Sorsdahl

50/50:

Wendi Ferrero

Sgt @ Arms:

Kris Rongve

May 23rd, 2012

Front Door Greeters:

Ken Hammer
& Francine Frisson

Invocation:

Wendi Ferrero

Introductions:

Patrick Maguire

Rotary Minute:

Eileen Tatton

50/50:

Wendi Ferrero

Sgt @ Arms:

Neil Sorsdahl

May 30th, 2012

Front Door Greeters:

Wendi Ferrero & Sher Holubowich

Invocation:

Francine Frisson

Introductions:

San Mahara

Rotary Minute:

Eileen Tatton

50/50:

Darryl Shaw

Sgt @ Arms:

Dave Thompson

Weekly Wake-up

Upcoming Programs

May 16th - Club Assembly

May 23rd - TBA

May 30th - Club Social

NOTICES & NEWS

Shredding Event Big Success!!!



Before Shredding.....After Shredding! :-)

NOTE: Grand Opening of Petting Farm & Home Delivery of Veggies at Cedar Woods is Sat., May 19th!!!

Club Correspondence...

Check out the link below for the latest in correspondence to the Club from various sources:

http://www.daybreakrotary.ca/index.php?p=2_8

District 5020 newsletter now online...

Go to <http://docs.rotary5020.org/newsletter1/2011-12/2012-04.pdf>

Please send content and photos for the Weekly Wake-up to robbmowbray@telus.net

Club Birthdays

May 16 Rod Mont

Club Anniversaries

May 19 Nathan & Michelle Thornton
May 21 Randall & Andrea (Rosato) Taylor
May 21 Ev & Richard Mudryk
May 22 Brian & Louise Kirkhope

Meeting Notes - May 9th notes by Ron Blank, photos by Donna Allen & Darryl Shaw

Good Wednesday morning! We were blessed with a full slate this morning. Nathan Thornton collecting monies, Jeff Boegel & Lynda Kazanowski greeting and hugging, President Bill Brendon at the dais, Rod Mont accompanying on the sax and Wendi Ferrero soliciting for 50/50.



Guests this morning: Kris Rongve presented Julia & Jeff Somerville, host parents, and Jibek Nurmambetova, Rotary Youth Exchange Student. Bill intro'd Wendi Pratt, Executive Director and Jean Fahlman, Programme Coordinator, with Nanaimo Community Hospice Society.

Christine Craigie shared a delightful poem that incorporated the Four Way Test in her Invocation. Sergeant-at-Arms Don Bonner insured our Hospice guests shared their meal with a Rotarian and big mouth jumped in and joined their table for an early brekkie.

After our repast, Donna promoted Denise Larson's Installation Party. To be held at Cottonwood Golf Course 2 June; golf 18 holes beforehand for \$35 (less for nine); steak dinner at 6:00 PM and formalities and fun to follow. Dinner only \$25.

Christine does the Rotary Moment... Rod noted that Rotarian of the Year voting will held this coming Wednesday. Previous winners, therefore not eligible: Ron Blank, Don Bonner, Bill Brendon, Denise Davidson, Chris Everett, Wendi Ferrero, Ken Hammer, Denise Larson, Patrick Maguire, Rod Mont, Evelyn Mudryk, & Neil Sorsdahl.

Neil Sorsdahl promoted our Golf for Nanaimo Youth Tournament, on 8 June at Cottonwood Golf, start at 1:30. Sponsors & Prizes please.

Jibek then spoke on her Exchange Year. Her stay actually ends today. She has had an amazing time in Canada, considering this is her first time out of Kyrgyzstan (pronounced KUR-gi-stan)

This 17 year old attended Dover Bay Secondary, which hosts more than 50 foreign exchange students, and she met most of them. School is very different: at home, students have no choices, all classes are together. Here, choices for every course, everyone goes a different way, and she was frequently lost for the first few days.

Her country, Kyrgyzstan, was originally part of the USSR, and became an independent democratic republic in 1991. This landlocked country is located in south-east Asia, bordering on China, Tajikistan, Uzbekistan & Kazakhstan. It has incredible natural beauty, very mountainous, and covers about 200,000 square kilometres. (about 1/5 the size of BC)



Lake Issyk-Kul is their largest lake, is lightly salty, weed free and does not freeze in winter. When Jibek first swam in our ocean, and she was creeped out by the weeds!

Their 5.5 million population is 75% Muslim, with Russian Orthodox being the next largest religion. It's largest city is Bishek, with 850,000 people, though the country remains largely rural and agricultural.

Their national hero, Manas the Noble, merged the 40 nomadic Kyrgyz tribes to form their nation represented by the sun's rays. Centred within is a symbolic Kyrgyz yurt, traditional home of it's nomadic people and red shows openness & peace.

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Rotary Club Meetings

- Monday – Parksville, Bayside Inn, Noon
- Tuesday – Nanaimo North, Frith-Radcliffe Auditorium, Kiwanis Village, 6:15 p.m.
- Wednesday – Nanaimo Oceanside, 3rd Street Fieldhouse, 5 p.m.
- Thursday – Lantzville – ABC Restaurant on Mary Ellen Drive, 7 a.m.
- Friday – Nanaimo – Coast Bastion Inn, 12:15 p.m.

Rotary Contacts

- Club President:**
Bill Brendon
- Past President:**
Patrick Maguire
- Vice President:**
Randall Taylor
- Club Secretary:**
Neil Sorsdahl
- Club Treasurer:**
Anna Owens
- Club President Elect:**
Denise Larson

- International Service Director:**
Francine Frisson
- Community Service Director:**
Christine Craigie
- Vocational Service Director:**
Dave Thompson
- Club Service Director:**
Donna Allen

- Bulletin Editor:**
Robb Mowbray

- Assistant Governor Area 2B:**
Brenda Grice
- District Governor 2011-12:**
David Stocks
- RI President 2011-12:**
Kalyan Banerjee

Make-ups

To ensure that your make-up information is properly recorded, send any info on extra meetings attended, extra committee work, service projects, online work, etc. to Membership Chair, Rod Mont at mont@islandlaw.ca.

Four Way Test

1. Is it the TRUTH?
2. Is it FAIR to all concerned?
3. Will it build GOODWILL and BETTER FRIENDSHIPS?
4. Will it be BENEFICIAL to all concerned?



Traditions are very strong and old people are especially venerated. Food is very important and elders are catered too by the young. Tradition says "eat the brain of sheep to make you smarter."



...Bill and Michael make presentation to Hospice guests Wendi Pratt & Jean Fahlman...

In Canada, Jibek learned to ski, snow-board, bungee jump and got to visit California. She also shared the traditions of her country.

Brian Kirkhope sought a show of hands for help doing the cooking for the Regional Swim meet on 19th of August. Brian will seek support from another Rotary Club.

Wendy Pratt then educated us on Nanaimo Hospice, (<http://www.nanaimohospice.com/>) noting that "three of life's greatest challenges are dying, care giving, and grieving." Our Hospice has 255 volunteers and all services are free. They have strong partnerships with the RCMP, VIHA, NRGH and the Schools.

Over the past year, their client base was 40% seniors, serving 850 people, 900 adults and 300 children. They began 12 years ago and served only 650 clients. Though they have no beds at Hospice House, they have four volunteers per day on the palliative care unit at our hospital.

Wendy said, "If you're old enough to love, your old enough to grieve." To address the children, they have developed an interactive website for teens and hold play therapy sessions for younger children.

"Now we have record numbers of boomers and rising caregiver stress." Only 20% have access to palliative care. Undressed grief leads to dysfunction. "We walk along beside them and help them through their grief."

Hospice is currently bursting at the seams, with limited parking and no room to grow or to develop more programmes. They have found space, the old Montessori School on Waddington Road. This location has room to expand and will serve them for many years to come. They are fundraising \$1.25 million: to purchase this property, closing at the end of June, and for immediate renovation needs. They also need landscaping and furniture.

"Your donation will touch many lives, and deaths, for years to come. President Bill presented Wendy with our Club's donation. Michael Leduc presented the library book.

Christine Craigie promoted Saturday's Community Shred at North Town Centre. At the event, workers were myself, Denise Davidson, Christine, Darryl Shaw, Wendi, her sister Vicki, Neil Sorsdahl, Anna Owens, Kris Rongve, Brian, Karin Mattern. Dave & Shirley Perry brought in a porta-potti all the way from Crofton, that included a coffee maker. (their 39 foot, A Class, motor home complete with awnings and flowers.) Patrick Maguire and Denise Larson were pulling strings from afar. Our most successful event, with over 343 boxes shredded. Kirk, of Independent Document Storage & Shredding (<http://www.idss.ca/index.php>) never had a break until 1:45 PM. After clean-up, most went to the Black Bear, to parch a dry throat.



...San wins a Rotary shirt! :-)

Wendi's 50/50 draw had hockey fan Doug Lum to the front, with "Awh" the result. Sanjivan Mahara took home the Rotary Tee.

Sgt Don seemed reasonable today. As Jeff Boegel was late in setting up, and Neil forgot the bell, Jeff paid. Jeff also shared that Bill was a true blue hero as he is donating a kidney to a friend. Newsy Flash! Anna Owens no more! Last weekend, with her partner of the past 17 years, wanting no fuss, no muss, they eloped. She will become Anna Jones. Congrats you two! Nanaimo Sterling Awards for best Not-For-Profit was recently awarded to Nanaimo Hospice Society. Otherwise, happy people shared their bucks.

Toast to Rotary.

ROTARY DAYBREAK

UPCOMING BINGO COMMITMENTS 2012

Fri, June 8 11am – 1 pm
 Rod Mont Don Bonner...or ?

Tues, July 17 11am – 1 pm
 Denise Davidson Terry Rogers

Sat, August 25 11am – 1 pm

Have A Great Week!