

Club Duties

If you are unable to fulfill your duty, could you please find a replacement or let the President know you are unable to attend.

June 8th, 2011

Front Door Greeters:

Anna Owens & Eileen Page

Invocation:

Gayle Wilson

Introductions:

Sher Holubowich

Rotary Minute:

Bruce Mede

50/50:

Wendi Ferrero

Sgt @ Arms:

Donna Allen

June 15th, 2011

Front Door Greeters:

Ray Penner & Dave Perry

Invocation:

Donna Allen

Introductions:

Ken Hammer

Rotary Minute:

Rod Mont

50/50:

Darryl Shaw

Sgt @ Arms:

Don Bonner

June 22nd, 2011

Front Door Greeters:

Terry Rogers & Kris Rongve

Invocation:

Nelson Allen

Introductions:

Tiffany Haarsma

Rotary Minute:

Robb Mowbray

50/50:

Darryl Shaw

Sgt @ Arms:

Daryl Stech

Weekly Wake-up

Upcoming Programs

June 8th - Kevin Haco

June 15th - Club Assembly

June 22nd - Amorak Society

NOTICES & NEWS

*Some photos from last weekends'
District Conference in Tacoma...*

(Right) Our attending members...

(Below) 50 Exchange Students at the
Gala Banquet...

(Bottom right) Apparently Don is smiling because
he just recovered his wallet...



Please send content and photos for the Weekly Wake-up to robbmowbray@telus.net

Club Birthdays

June 14 Lynda Kazanowski

Club Anniversaries

June 12 Dave & Shirley Perry

Meeting Notes - June 1st

wordsmith *Ron Blank*, photos *Donna Allen*

Here we are, now into the last month of President Patrick Maguire's Rotary year.

Robb Mowbray has undergone some recent work changes and also looked remarkably different as this morning's Greeter, along with Evelyn Mudryk. Robb looked remarkably like Karin Mattern?!

Dave Perry did our Invocation. Francine Frisson handled the Introductions: Patrick presented Rotary Nanaimo North President Craig Clarke; Don Bonner presented Kevin Hartman Cortez, who has only 30 sleeps before returning to Columbia; Nelson Allen presented Crystal Dennison, our speaker this morning, and Francine intro's her friend Cheryl Butler.

Sergeant-at-Arms Bruce Mede discussed the "Service Above Self" motto and promptly sent everyone else to their breakfast before those at his table.

Karin's Rotary Minute might have been on the recent Rotarian magazine, but she decided we needed to know how & why she joined Rotary. Former Nanaimo Club Rotarian Bob Fawdry was a patient and invited her to their Club to speak on her profession. During that meeting, she was WOWED by how this group of disparate individuals could come together and give service to their community & internationally. In 1997, she was asked and decided to join Rotary. Time commitments changed and she later became a member of our Club. Great news for us, Karin!

Brian Kirkhope asked for an agenda change and spoke about daughter Sara's upcoming swim meet. He said they would have 240 competitors, this August 6th, and proposed that we do a BBQ as a fundraiser for our Club. If it worked, in August 17-18, 2012, Nanaimo will host the Provincial Championships, with more people over two days and potentially much more lucrative for our Club. Those interested contact Brian. A show of hands had 10 or more volunteers. Great idea, Brian!

Nelson then presented Crystal, Nanaimo born and involved with Nanaimo Foodshare since 2004. Crystal is now their Executive Director.

Crystal noted that Nanaimo Foodshare is a registered not-for-profit, whose goal is to increase food security and to educate and empower their clients. "We are not a food bank!" They provide a broad spectrum of services through workshops and community networks. Their aim is educate people on how to access support systems, where to get nutritious foods, how to structure their food dollar and empower them with new opportunities.

Their "Summer Lunch Munch" programme serves 6,000 meals to children, in seven locations, in City parks. They have a health-approved kitchen where they box 200 lunches/day. Their "Good Food Box" is a monthly programme, with a \$10 buy-in, purchasing wholesale food, and with the participants volunteering to sort, bag and box nutritious foods valued at \$15 to \$18.

Other Programmes: "Cooking out of the Box" is a free cooking class on how to buy/prepare/cook nutritious meals; "Gleaning" fruit trees and excess produce from those community members willing to share their crops; "Community Roots" where they grow and cultivate gardens throughout our town. (ie. Turner Road/Hwy19A with help from Nanaimo Young Professionals.



Karin provides the Rotary Minute...



Daryl with guest speaker Crystal Dennison of Nanaimo Foodshare

...continued on next page/

Rotary Club Meetings

Monday – Parksville, Bayside Inn, Noon
 Tuesday – Nanaimo North, Frith-Radcliffe Auditorium, Kiwanis Village, 6:15 p.m.
 Wednesday – Nanaimo Oceanside, 3rd Street Fieldhouse, 5 p.m.
 Thursday – Lantzville – ABC Restaurant on Mary Ellen Drive, 7 a.m.
 Friday – Nanaimo – Coast Bastion Inn, 12:15 p.m.

Rotary Contacts

Club President:

Patrick Maguire

Past President:

Dave Perry

Vice President:

Neil Sorsdahl

Club Secretary:

Eileen Tatton

Club Treasurer:

Cindy Bartlett

Club President Elect:

Bill Brendon

International Service Director:

Rod Mont

Community Service Director:

Christine Craigie

Vocational Service Director:

Dave Thompson

Club Service Director:

Denise Larson

Bulletin Editor:

Robb Mowbray

Assistant Governor Area 2B:

Brenda Grice

District Governor 2010-11:

Robert Martin

RI President 2010-11:

Ray Klingensmith

~~~~~ Make-ups

To ensure that your make-up information is properly recorded, send any info on extra meetings attended, extra committee work, service projects, online work, etc. to Neil Sorsdahl at goldendivot@shaw.ca

~~~~~ Four Way Test

1. Is it the TRUTH?
2. Is it FAIR to all concerned?
3. Will it build GOODWILL and BETTER FRIENDSHIPS?
4. Will it be BENEFICIAL to all concerned?



Another is "HomeGrown" where 10 persons, aged 18-30, out of work and school, undertake a 30 week programme of life skills and employability training, funded thru' Nanaimo Youth Services. They learn goals and how to dream. Graduates also get work placement, with bi-weekly refresher training to reinforce their knowledge.

"Kids get Cooking" teaches inner city kids hands on healthy cooking after school and in the summer.

Crystal become emotional, when she described how life changing these courses are for their clients. "It's overwhelming to see them return, years later, with their families and partners." WOW, an amazing array of self help in our community. Thanks, Crystal.

President Patrick presented Craig, who is promoting the Bruce Coleman luncheon on Sunday June 12 at the Coast Bastion Inn. RSVP Gill Campbell.

Rod Mont passed around the nomination slips for Rotarian of the Year, with it's long list of previous recipients, who are no longer eligible.

Neil Sorsdahl was happy "IT's OVER!!" meaning 'Golf fore Nanaimo Youth' with 71 participants, golfing in four seasons at Cottonwood Golf Course. (Yes, it really did hail!) "Thanks to our sponsors, we managed to secure over \$11,500, including \$1,700 collected from the silent auction. Many thanks to all concerned. Structured Cable Systems Team of Doug Lum, Ron Blank Daryl Knievel and Ben Sedgewick managed to scoop the Low Gross Trophy and also the best score for a Rotary Team, capturing the newly minted "Daybroke Troffy." Chris Everett did amazingly well, and managed to "Hit the Green" on hole #11, (YES, only one shot!) and also won the draw. Whooptie doo! Does that mean we will soon have another gentleman on the links?

Cheryl Butler then spoke about the Mid Island CADORA Association, "Summer Dressage Festival, to be held at Arbutus Meadows on 2 July. (CADORA explained here <http://www.midislandcadora.com/>) and our donation will be for the Reserve Champion

Francine distributed David Eggers national bestseller book "Zeitoun," based on a family's events following Hurricane Katrina and it's effect on N'awlins, Louisiana. She has extra copies, for \$20. Interested parties will later meet and discuss the book.

Wednesday was the last P.A.R.T.Y at NRGH for the school year, and thanks to today's Rotary volunteers, including Karin, Anna, Ron & Patrick. See Nanaimo Daily News article 19 May <http://www2.canada.com/nanaimodailynews/news/story.html?id=94fd6c8b-4d69-45ae-b9f9-175eca2691eb>

Patrick mentioned the Rotary International Conference in N'awlins, and how Hurricane Katrina was the perfect storm of high tides, high river and storm of the century. Recognize that 600,000 were made homeless, and still 200,000 remain so. He said "The rehabilitation of that city is an embarrassment."

Wendi Ferrero had the good news: \$783 in our 50/50. Dave Thompson left the pot for another. President Patrick also remains winless, drew the deuce and Dawne Anderson collected the supplementary. That's twice he's had a deuce, and twice lost to and ace!

Our Sergeant collected a spiteful sum from deserving souls. Darryl Shaw shared that Kevin could overcome his fear of heights and did the zip line in Sooke. Who said "Save a horse, and ride a cowboy?"

Note the formal Installation of our new President Bill will be 18th of June at campsite, with potluck supper, and opportunity to stay overnight for a paltry sum. Contact Denise Larson with your intentions.

This being the end, toast to your good deeds in Rotary. Lastly, apply the 'Four Way Test,' in all things you think say and do.



Francine presents cheque to Cheryl Butler of Mid Island CADORA Association.

Have a Good Week!
Have a Good Week!

**ROTARY DAYBREAK
UPCOMING BINGO COMMITMENTS 2010/2011**

Mon., July 4, 2011	11am – 1pm	Sher Holubowich & Denise Larson
Wed., Aug. 10, 2011	11am – 1pm	Jim Mclvor & Karin Mattern
Sun., Sept. 25, 2011	11 am—1pm	Kris Rongve & Sher Holubowich