



### Club Duties

If you are unable to fulfill your duty, could you please find a replacement or let the President know you are unable to attend.

#### March 17th, 2010

**Front Door Greeters:**  
Ricki Kristiansen & Jim Jeffries

**Invocation:**  
Kris Rongve

**Introductions:**  
Lynda Kazanowski

**Rotary Minute:**  
Rod Mont

**50/50:**  
Randall Taylor

**Sgt @ Arms:**  
Dave Thompson

#### March 24th 2010

**Front Door Greeters:**  
Ken Hammer & Daryl Knievel

**Invocation:**  
Rod Mont

**Introductions:**  
Donna Allen

**Rotary Minute:**  
Kris Rongve

**50/50:**  
Randall Taylor

**Sgt @ Arms:**  
Neil Sorsdahl

#### March 31st, 2010

**Front Door Greeters:**  
Denise Davidson & Bill Brendon

**Invocation:**  
Nathan Thornton

**Introductions:**  
Christine Craigie

**Rotary Minute:**  
Robb Mowbray

**50/50:**  
Dave Thompson

**Sgt @ Arms**  
Kris Rongve

## Weekly Wake-up

### Upcoming Programs

March 17th - Club Assembly  
March 24th - Classification Talk - Jim Jeffries  
March 31st - Club Social

## NOTICES & NEWS

### *Vote on Notice of Motion re Bylaws Changes...*

The vote on the Motion to restructure the Board of Directors for next year will take place during this week's meeting. Please review the information previously provided to ensure you are prepared to make a responsible decision for the good of the club.

### *Swing Into Spring Silent Auction needs donations...*

Patrick Maguire is seeking your help in filling the Silent Auction table for our next event. If your business can provide any items or you can give Patrick any leads on businesses or individuals who may be willing to make a contribution, please let Patrick know as soon as possible. NOTE: tickets are selling very well for this event!



### *Poker Tourney #3 finds success!...*

It was a case of third time lucky for the Daybreak Rotary Texas Hold 'em Poker Tournament. The final count of players paying to enter the game was 80! That was double the breakeven mark of 40. The event was definitely a success and seems to have found its market.

### *New Member Proposed...*

Unless written objection is received by a member of the executive within 7 days of this notice, the following person will be invited to join our Rotary Club:

Eileen Page  
Classification: Social Enterprise  
Sponsored by Ken Hammer

**Please send content and photos for the Weekly Wake-up to [robbmowbray@telus.net](mailto:robbmowbray@telus.net)**

### Club Birthdays

March 20 President Dave Perry

### Club Anniversaries

No anniversaries this week.

*Meeting Notes - March 10th**by Ron Blank*

Life is even more beautiful when you get to savour it twice. How so? Firstly, when we had our meeting, and secondly, when we reminisce. In my case, I get to write my remembrances...

Again, we get to thank Doctor Ken Hammer for his diligence in bringing new and interesting people to our Club. He introduced VIU students Trevor Avendon, Jennifer Brown, L.A. Shibish, Ryan Power and VIU staff Aggie Weighill and Maggie Kennedy. Our President Dave Perry then introduced Assistant Governor Brenda Grice.

Wendi Ferrero presented her Rotary Minute, brought to us by the letters G & H, and numbers 6, 7, 112, 546 and 563. The letter 'G,' being grateful to Ron Blank for attending the Harbour City Bingo AGM, whilst she and Dave attended to their cottage on Gabriola. 'H' is for happy that Christine Craigie is back after volunteering her five language skills with the Olympics. The numbers 6 & 7: Shelter Boxes from our Club that went to the Philippines, number 75 went to Indonesia for the tsunami, 112 to Pakistan, 546 went to China and number 1563 went to Mexico. Our latest contributions will show up soon, as Shelter Box Canada was inundated by the contributions and generosity of Canadians.

After a hearty breakfast, Ken spoke of the Passion Projects at VIU and introduced Aggie Weighill, a Professor at the Recreation & Tourism and Maggie Kennedy, Professor in the Bachelor of Science Nursing Programme. Aggie spoke of her passion with the Ghana/Canada Partnership in Environmental Education. Not surprisingly, the gender roles of Canadian Students and Faculty are quite different than those in Ghana. Journalism student Ryan Power's passion is to compare local media with Ghana and how to improve the publicity of our events. Trevor Avendon in attending Recreation & Tourism and will study the potential for Eco-tourism in their National Parks and his passion is to build and promote the benefits of youth sporting leagues. Jennifer Brown is in Nursing and her passion is Community Health and the role of HIV/Aids education. She will compare the nursing roles, practices and strengths. Student L.A. Shibish is a past Rotary Youth Exchange student and fully understands our motto: "Service Above Self." Her passion is to develop the oral history of the rural communities and to develop tourism in the nearby National Park. Faculty member Maggie Kennedy is in Public Health Nursing and is involved with the third year students. She truly believes we can make a difference and appreciates that Rotary adds strength to their programmes. Her passion is development of peer education for HIV Aids prevention and is now looking at helping with malaria and water sanitation.

Aggie gave a short history of the program and noted that had she traveled with Nelson & Donna Allen, Carrie and Ray to Sunyani Ghana. The Program goal is to reduce poverty by improving the capacity of the local population with education, by reducing the stigma of annual testing for HIV Aids, and to develop Eco-tourism. Aggie spoke of the land clearing method of slash and burn. The effects are compounded with the tinder dry land and strong winds. Add thatched roofs and wooden fences and the effects are devastating. Bush fire management will resolve this problem. The Program partners are VIU, Sunyani Polytechnic, the Regional District of Nanaimo and Rotary. She believes that Rotary needs to be shown as an official partner. The Sunyani Rotary Club is proud of their involvement. They are discovering it is OK to play and interact with students and children. Aggie says we are building capacity for the people of Sunyani to become sustainable with their Medical Centre, and to build women's solidarity with WASA. She also spoke of building capacity in Nanaimo with Rotary and the Regional District. How do we get involved? Volunteer, donate, become a pen pal, host a home stay or, visit Ghana.

Aggie's trip to Ghana was not all work. She attended a traditional Ghanain wedding, where the bride & groom were drenched with water. She tried the food dish "fou fou" and though it tastes like salty play dough, it appears as though Ken has developed a taste for it. Aggie was shocked by the amount of weight that women carry on their head, and wondered about the long term health effects. She witnessed the big city poverty of the rusty steely roof to the mud huts in the rural areas. She's sampled Ghanain Lizard, (Ken likes that as well) eaten chocolate cones from the cocoa plant, eaten lotsa bugs, visited the sacred the 14th century site of Lara Banga, and Molay National Park, and marveled at how their overloaded trucks managed to stay on the roads.

*...continued on next page!**Rotary Club Meetings*

Monday – Parksville, Bayside Inn, Noon  
 Tuesday – Nanaimo North, Frith-Radcliffe Auditorium, Kiwanis Village, 6:15 p.m.  
 Wednesday – Nanaimo Oceanside, 3rd Street Fieldhouse, 5 p.m.  
 Thursday – Lantzville – ABC Restaurant on Mary Ellen Drive, 7 a.m.  
 Friday – Nanaimo – Coast Bastion Inn, 12:15 p.m.

*Rotary Contacts***Club President:**

Dave Perry

**Club Secretary:**

Eileen Tatton

**Club Treasurer:**

Cindy Bartlett

**Club President Elect:**

Patrick Maguire

**Bulletin Editor:**

Robb Mowbray

**Foundation Chair:**

Dawne Anderson

**Assistant Governor Area 2B**

Brenda Grice

**District Governor 2009-10:**

Alex Alexander

**RI President 2009-10:**

John Kenny

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Make-ups*

To ensure that your make-up information is properly recorded, send any info on extra meetings attended, extra committee work, service projects, online work, etc. to Rod Mont at [mont@islandlaw.ca](mailto:mont@islandlaw.ca)

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Four Way Test*

1. Is it the TRUTH?
2. Is it FAIR to all concerned?
3. Will it build GOODWILL and BETTER FRIENDSHIPS?
4. Will it be BENEFICIAL to all concerned?

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Upcoming 2010 Events:*

Daybreak Poker Night  
 Nanaimo Centre Stage  
 Sunday, March 14 at 2 pm.

Swing Into Spring  
 Bowen Park Auditorium  
 Saturday, March 27

Rotary International Convention  
 Montreal, Canada; June 20-23.



### *Meeting Notes - continued...*

One of their previous students is now living in Ghana and is proving to be an amazing resource. Aggie now better understands world-wide projects and their impact. She also realizes you can do great work, and still take time for leisure.

This year's trip will depart on 26th of April, for one month, with five faculty and 10 students. Three students will stay longer as part of their internship. Aggie closed noting that her purpose was to make a difference, but in reality, the change & impact is on herself.

Ken added that four years ago, when Sam and Mont visited our Rotary Clubs in Nanaimo, they were impressed with the fellowship, and started a Club in Sunyani. Our Mid-Island World Community Service is now developing their five year plan, and meet on 25th of March in the School Board Office. (Nelson has the time of the meeting.) Ross White will be going to Sunyani this fall. Our Club will be looking for a Rotary Matching Grant to further develop our Sunyani partnership. Ken said the work we do in Ghana could be transplanted to anywhere else in the world. The issues are universal, and not a Canadian doing work but, building capacity, therefore, if we pull out, the locals can continue.

Rod also mentioned how last year's Swing into Spring was helped by the involvement of three VIU students.

President-Elect Patrick Maguire presented the book that we will donate to a children's library. He also noted how pleased he was to be able to understand Maggie's accent.

Assistant District Governor Brenda noted our upcoming District Conference on 4-6 of June in Longview Washington. The District website was a trailer that District Governor describes the event. She thanked Patrick and all of the President-Elects and the Rotaract President for attending PETS. May 1st will be the Central Island training at VIU for Foundation Grants. Her purple pinkie will be worn until we eradicate polio. PAIN, being Pakistan, Afghanistan, India and Nigeria are still endemic with polio. Also, date yet to be determined, but all five Clubs will be participating in a City wide yard sale, with funds to Polio-Plus. I will be coordinating ourselves.

Dave Thompson announced that TORONTO DOMINION BANK has agreed to be our MAJOR SPONSOR for Swing into Spring. Patrick is urgently in need of silent auction items for that event. Got anything good that you no longer need?

Bill Brendon warned of our upcoming Sunday Poker Tourney, and after doing the bar with Ricki, both the bar and the total numbers of players exceeded expectations.

Neil Sorsdal woke after being prodded, and said that ISLAND SAVINGS CREDIT UNION has agreed to be a major sponsor for our Classic Golf Tourney to be held on 28th of May. Whoop! Hoo!! That's more like it!

Ron Medd is not two months into recuperation post heart surgery, and he is itching to get moving. He has joined the Zipper Club, (which is especially poignant for us oldsters as we forget to.....).

Sergeant-at-Arms Dave Thompson allowed Doug Lum to contribute for his "talking jacket" and I got fined for being too quiet. When asked why I was so quiet, I shrugged. Our President Dave paid for his brilliant intro of our ADG; Hammer became the Nutty Professor; Denise needed to take better care dressing, as she was nameless; and Neil was admonished for his non-working trouh mouble. Lastly, our unstinting Sergeant noted that this was his first ever meeting where all tables were gender balanced. GO fourth, and you can still do good deeds. Toast!

### **Photos from the Poker Tournament!**

