

## Club Duties

If you are unable to fulfill your duty,  
PLEASE FIND A REPLACEMENT,  
then let the meeting chair know.

# Weekly Wake-up

### March 6th, 2019

#### Front Door Greeters:

Doug Lum & Patrick Maguire

#### Front-of-House:

San Mahara

#### Invocation:

Bill Brendon

#### Introductions:

Bill Hardy

#### Rotary Minute:

Anna Jones

#### 50/50:

Bonnie Murrell

#### Sgt at Arms:

Sher Holubowich

#### Meeting Notes:

Randall Taylor

## Upcoming Programs

Mar 6 - Mike Hooper, CEO Nanaimo Airport

Mar 13 - LGBTQ, Anne Manikel

Mar 20 - Rotary Information Meeting

### March 13th, 2019

#### Front Door Greeters:

Christine McAuley & Bonnie Murrell

#### Front-of-House:

San Mahara

#### Invocation :

Christine Craigie

#### Introductions:

Anna Jones

#### Rotary Minute:

Denise Larson

#### 50/50:

Caitlin Mangiacasale-Ashford

#### Sgt at Arms:

Denise Davidson

#### Meeting Notes:

Bill Hardy

## Alternate Nepal trip for your consideration...

Dear Rotary Friends,

This Fall, 2019 I'll be leading a 16 day adventure tour to Nepal in partnership with Global Family Travels, departing Seattle on October 29th and returning November 13th. If you join me on this amazing journey, you'll learn about the culture, nature and history of Nepal. Plus, you'll have an easy trekking experience with spectacular views of the Himalayas as well as several life-affirming volunteer experiences with children with disabilities.

Please contact me, [Rob Rose \(rob@trifc.org / 425.985.3176\)](mailto:rob@trifc.org) if you are interested in the trip, want additional information, or if you have any questions.

**\*\*\*Is traveling to exotic Kathmandu, Nepal, on your personal "bucket list"? Watch this short video where four Bellevue Rotarians share their Nepal trip experiences:**

<https://youtu.be/iTHmSvqubqY>

#### Testimonial from Fall 2018 Trip:

Graham & Vicki Calder - "Traveling with TRIFC to Nepal is in one word - *EXPERIENTIAL*. The team they have working together have the trip down to a science. The company of all of those that we met, traveled with, and had a part in the trip, made our trip memorable in ways that we did not expect. Your staff is exceptional. We definitely received very good value for what we paid and the donation to TRIFC was just an added bonus for all."



[Link to Daybreak Calendar...](#)

[http://www.daybreakrotary.ca/index.php?p=1\\_14](http://www.daybreakrotary.ca/index.php?p=1_14)

#### Sunshine Ladies reminder...

A reminder...If any members know of another member who is ill or who has had a death in the family, please let our Sunshine Ladies, Sher or Donna know, so that they can send out a card on behalf of the club. Thank you.

**Please send content and photos for the Weekly Wake-up to [robbmowbray@telus.net](mailto:robbmowbray@telus.net)**

### March 20th, 2019

#### Front Door Greeters:

Doug Pearson & Janice Perrino

#### Front-of-House:

San Mahara

#### Invocation:

Denise Davidson

#### Introductions:

Doug Lum

#### Rotary Minute:

Patrick Maguire

#### 50/50:

Caitlin Mangiacasale-Ashford

#### Sgt at Arms:

Daryl Knievel

#### Meeting Notes:

Janice Perrino

## Club Birthdays

No Birthdays this week.

## Club Anniversaries

No Anniversaries this week.

*Meeting Notes - Feb 27/2019 submitted by Terry Rogers, photos by Christine Craigie.*

Presided by Ev Boegh, Rod Mont started the meeting with O Canada on his trusty saxophone.

**Guests**

Rachel Ellis, 1<sup>st</sup> year engineering student

Jodi Rogers, soon to be inducted

Brenda Hammer, Everest base camp conqueror extraordinaire

**Rotary Minute Doug Lum**

Doug advised that he just returned from PETS (President Elect Training Seminar) in Seattle/ Tacoma and he is pumped up!! The focus is on youth and attracting younger adults to Rotary. There were great young speakers and Doug was particularly impressed with Brittany Arthur, who also spoke at the Rotary International convention in Toronto. Doug says that, not only can Rotary bring many things to you, but also assisted him in getting across the border. Haha. Doug is organizing a group from our club to attend the District Leadership Training Assembly May 10/19.

Ev advised that a group from our club raised \$1000 by walking 5kms in the Coldest Night of the Year fundraiser held last Saturday. This group included Denise L, Jodi, Lauren, Sheila and Sheila's daughter. Overall the event raised \$42,000 for the Samaritan House.

Dawn advised that the Salvation Army is selling Blueberry plants for \$10 and that she has purchase forms for completion. The plants will be available March 23/19 and can be picked up at the Salvation Army's Garage sale.

**Guest Speaker Ken Hammer re: Everest Base Camp Trek**

Ken relived the discussion with San that resulted in our international school rebuild project in Nepal. San had suggested that there was significant need in Nepal for Rotary help. To identify a specific project, San scheduled a family trip to his homeland. While in Nepal, the earthquake struck and destroyed hundreds of schools. Our project became clear, we could help rebuild a school.

On San's return, different Nepal fundraisers were scheduled, starting with a climb up Mt Benson. This proved to be a little challenging for the average Nanaimoite, so the venue was moved to Westwood Lake, where it has been held the last two years. With financial assistance from other clubs and the magic of matching grants \$60,000 USD has been raised for the Nepal school rebuild project.

In addition, the Nepal hike to Everest Base Camp got hatched with the first participants being Ken, Brenda, and Davis Hammer, and Robb Mowbray. They went in early November and flew into Kathmandu, where they stayed for a day and a half. They were able to view our school project and showed pictures of the roof built over the school with the money provided by our club.

They then flew to Lukla in a small plane, which was delayed for some time because of weather issues. The airport in Lukla is reportedly rated as the most dangerous airport in the world and the pictures supported this contention.

After acclimatizing, they started their hike to the Everest Base Camp at elevation of 18,000 feet. The hike was extremely challenging and both Robb and Davis experienced altitude sickness. Robb was not as sick, and a dose of Diamox got him back on track. Davis not so much, as he was bedridden for a day and one half.

On their trek, they had two guides and two porters, who became their very good friends. Ken showed off his scarf that the guides gave to each of them. Every night they stayed in a teahouse, all of which were family owned. They would be fed dinner, warmed up and then head up to their unheated bedrooms...brrr.

As the climbing season was ending, upon arriving at base camp, it had already been vacated for the year. Ken made it clear of how challenging the trek was, but also advised that it was extremely rewarding and thanked the club for it's support. Next years trip is scheduled for Oct 15.

**50/50 Patrick Maguire**

Graham's ticket got pulled, but the seven of hearts could not be found. The pot continues to grow.

**Sergeant-at-Arms Kris Rongve**

Kris Rongve fined the always obstreperous Ron Blank for failing to name the scribe's name on introduction of his bride. Kris also nailed Doug Lum for suggesting that "drinking the Koolaid" was not an appropriate metaphor for describing his PETS experience. Luckily, the happy bucks were then solicited.

On that note, let's toast the Four Way Rotary Test.



*Rotary Contacts*

**Club President:**

Evelyn Boegh

**Past President:**

Nathan Thornton

**Vice President:**

Christine McAuley

**Club Secretary:**

Ron Blank

**Club Treasurer:**

Doug Pearson

**Club President Elect:**

Doug Lum

**International Service Director:**

Graham Calder

**Community Service Director:**

Dave Perry

**Youth Service Director:**

Bill Hardy

**Club Service Director:**

Donna Allen

**Member Service Director:**

Rod Fay

**Bulletin Editor:**

Robb Mowbray

**Assistant Governor Area 4:**

Wayne Anderson

**District Governor 2018-2019:**

Craig Gillis

**RI President 2018-2019:**

Barry Rassin

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*Make-ups*

To ensure that your make-up information is properly recorded, send any info on extra meetings attended, extra committee work, service projects, online work, etc. to Denise Davidson.

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*Four Way Test*

1. Is it the TRUTH?
2. Is it FAIR to all concerned?
3. Will it build GOODWILL and BETTER FRIENDSHIPS?
4. Will it be BENEFICIAL to all concerned?

*Rotary Club Meetings*

Monday – Parksville, Bayside Inn, Noon

1st, 2nd, 3rd Tuesday – Nanaimo North, Nanaimo Golf Club, 6:10 pm

Wednesday – Nanaimo Oceanside, Nanaimo Golf Club 5 p.m.

Thursday – Lantzville – ABC Restaurant on Mary Ellen Drive, 7 a.m.

Friday – Nanaimo – Coast Bastion Inn, 12:15 p.m.

**HAVE A GREAT WEEK!**

