

Rotary Club of Nanaimo **DAYBREAK**

SERVICE ABOVE SELF

Club Duties

If you are unable to fulfill your duty,
PLEASE FIND A REPLACEMENT,
then let the meeting chair know.

February 4th, 2015

Front Door Greeters:

Ev Boegh & Leanna Plug

Invocation:

Kim Howland

Introductions:

Robb Mowbray

Rotary Minute:

Dawne Anderson

50/50:

Patrick Maguire

Sgt @ Arms:

Neil Sorsdahl

February 11th, 2015

Front Door Greeters:

Terry Rogers & Kris Rongve

Invocation:

Brian Kirkhope

Introductions:

Ev Boegh

Rotary Minute:

Ron Blank

50/50:

Patrick Maguire

Sgt @ Arms:

Dave Thompson

February 4, 2015

Front Door Greeters:

Neil Sorsdahl & Harry Stephan

Invocation:

Daryl Knievel

Introductions:

Leanna Plug

Rotary Minute:

Scott Bradford

50/50:

Bill Brendon

Sgt @ Arms:

Denise Davidson

Newsletter Date:

February 4, 2015

Volume 19 Issue 30

Weekly Wake-up

Upcoming Programs

- Feb 4 Jamie Black – Community Engagement Coordinator re: Arts Fest
Feb 11 Violet Hayes – Crisis Care Society
Feb 18 Club Assembly – Business Meeting

NOTICES & NEWS

Blogs from Guatemala...

If you would like to follow Ron Blank's blog from Guatemala, click on the following link...
<https://ronblank.wordpress.com/>

If you would like to follow Patrick Maguire's blog from Guatemala, click on the following link...

<http://guaterotary2015.blogspot.com>

Fireside Chats...

We now have three members who have volunteered to host a Fireside Chat.

We could use two more locations. If you are able to volunteer could you let Nelson know as soon as possible? Email him at nallen@shaw.ca

Have a Great Week!



...The "Catch A Smile" program continues at Park Avenue School...

Please send content and photos for the Weekly Wake-up to robbmowbray@telus.net

Club Birthdays

No Birthdays this week.

Club Anniversaries

No Anniversaries this week.

We gratefully acknowledge the financial support of the province of British Columbia
P.O. Box 37051, #38 - 3200 Island Hwy, Nanaimo, BC Canada, V9T 6N4 / Phone 250-741-9333
Rotary District 5020 / Club # 31160

Meeting Notes - January 28th notes by Terry Rogers, photos by Donna Allen

Rod Mont led the club in a rousing rendition of O Canada on his saxophone.

Guests

Wendy Lynn Connelly of Loaves and Fishes
 Russ Burke of Western Canadian Bank
 Elizabeth Waller a Baker and Chef. All are part of the Leadership Vancouver Island.

Rotary Minute Nelson Allen

Nelson advised the meeting of the enjoyment that he and Donna get from attending Rotary meetings while on their vacations. The largest club they have attended was in Japan with 600 members and the smallest was in San Antonio with less than 15 members. Nelson was impressed with the North Fork Valley club in District 5470 that has about the same membership as our club. They were chartered on Dec 20/22 and their longest serving club member joined in 1959. In 2010 they won the Rotary Significant Achievement Award. They are currently actively involved in growing local food for distribution in the schools. Nelson thought that our club should be able to achieve similar success in our projects given the similar size of the two clubs.

Guest Speaker

Russ Burke thanked Rotary for the good work done in the community, getting hands dirty and just getting it done. Russ advised that our Ken Hammer was instrumental in starting the leadership program in Nanaimo. Leadership Vancouver Island is a yearlong program designed to enhance skills to both work with and lead others. The program starts in September with a two day retreat and typically has 18 to 25 participants. The group is broken into smaller groups which then develop a community project. Each group requires a community sponsor and the project must be completed by the following May. Last year a successful project resulted in the Ladysmith skate park being rebuilt with significant local sponsorship of materials and labour.

Since 2005 the program has graduated 250 students and follow up questionnaires completed by the sponsor organizations indicate that 83% believed that the participants had significantly improved their leadership skills.

Wendy Lynn Connelly is the volunteer coordinator for the Loaves and Fishes food bank. Loaves and Fishes has just purchased a new building which will increase their warehouse from 500 square feet to 6000 square feet. They have only eight staff and the rest are volunteers. With the much larger warehouse the need for more volunteers has also greatly increased. Wendy attended Leadership Vancouver Island and advised of the program's ability to increase networking throughout the community. It is an opportunity to work with skilled community leaders in the various community projects.



...Pres Don with Guest Speakers, Russ Burke, Wendy Lynn Connelly & Elizabeth Waller...

Wendy is involved in Volunteer Appreciation week scheduled to start April 10 at Woodgrove mall. The event is designed to raise awareness of volunteering.

Elizabeth Waller owns a farm and is also a baker and a chef. Elizabeth also attended the Leadership Vancouver Island program. Elizabeth thought that the program allowed her to identify hidden leadership skills within

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Rotary Club Meetings

- Monday – Parksville, Bayside Inn, Noon
- Tuesday – Nanaimo North, Frith-Radcliffe Auditorium, Kiwanis Village, 6:15 p.m.
- Wednesday – Nanaimo Oceanside, 3rd Street Fieldhouse, 5 p.m.
- Thursday – Lantzville – ABC Restaurant on Mary Ellen Drive, 7 a.m.
- Friday – Nanaimo – Coast Bastion Inn, 12:15 p.m.

Rotary Contacts

- Club President:**
Don Bonner
- Past President:**
Randall Taylor
- Vice President:**
Dave Thompson
- Club Secretary:**
Neil Sorsdahl
- Club Treasurer:**
Anna Jones
- Club President Elect:**

- International Service Director:**
Nelson Allen
- Community Service Director:**
Rod Mont
- Youth Service Director:**
Terry Rogers
- Club Service Director:**
Kristin Rongve

- Bulletin Editor:**
Robb Mowbray

- Assistant Governor Area 4:**
Barry Sparkes
- District Governor 2014-2015:**
Michael Procter
- RI President 2014-15:**
Gary C.K. Huang

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Make-ups*

To ensure that your make-up info is properly recorded, send any info on extra meetings attended, extra committee work, service projects, online work, etc. to Membership Chair, Denise Davidson at ddavidson@islandadjusters.com

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Four Way Test*

1. Is it the TRUTH?
2. Is it FAIR to all concerned?
3. Will it build GOODWILL and BETTER FRIENDSHIPS?
4. Will it be BENEFICIAL to all concerned?



herself. Her project resulted in the rebuild of St. Anne's garden at Providence Farm to make it accessible for seniors with barriers, such as dementia and mobility issues. The garden beds were raised and paths widened to allow wheelchair access. Community sponsors were solicited to provide materials and labour. Elizabeth was very excited to be part of the Leadership Vancouver Island program where she was given an opportunity to grow her leadership skills.

Russ Burke thanked our club for its sponsorship of attendees and also asked us to look for worthy candidates. Tuition is \$2000 and participants must contribute \$300 of their own funds.

Nelson Allen advised that fireside chats will be held this February and that we are looking for hosts. Currently Rod Mont, Harry Stephan and Dave Thompson have volunteered to host. Every club member is expected to attend at least one fireside chat. It is an opportunity to learn more about Rotary, and specifically discuss the direction of our club.

Sher and Leanna are co-chairs of the fellowship committee. They advised that although they had neglected to bring their notes they believed, to the best of their collective consciousness and collaborative intuition, that there was no events scheduled in February cuz it is way too busy with the five club event and the fireside chats. But in March we are gonna go bowling or maybe drink at a pub or something and then in the summer the Allen's have generously offered their house for a BBQ.

The five club event is scheduled for Thursday February/15 from 5:30 to 7:30pm. Our Wednesday morning meeting the day before will be cancelled. The cost of the event is \$15 and tickets were distributed for purchase.

Donna advised that the Catch a Smile program has started and is being well received. It is scheduled for every Friday morning and all of February is booked.

Birthdays and Anniversaries

We sang Happy Birthday to Karin Mattern.

50/50

Denise couldn't pull the elusive nine of diamonds and Neil couldn't out cut the president for the consolation prize. All had to return to their seat empty handed.

But Dave Thompson was the lucky winner of a \$8 contribution to his Paul Harris by having his ticket pulled. He'll have that second Paul Harris in no time.

Sergeant -at-Arms

Dave Thompson advised that he had no fines as even Leanna was on time this morning and I guess we were on our best behavior as we were forced to sit with almost strangers.

On this disturbing note we then recited the Four Way Test.

Fundraiser to Help Christine McAuley's sister...

My sister Lynn is a sweet person who is my kind, beautiful older sister. I was in awe of Lynn growing up - she was a model, a make up rep and had her own gorgeous apartment in Victoria. She would dress me up, do my makeup and take me out dancing. She was always so gracious and lovely. We lost our mother to breast cancer at the age of 57, so you can imagine our horror to learn that Lynn had stage three breast cancer, was HER2, and estrogen positive. Lynn was 57.

My sister had suffered through a few difficult years - and we did not know. Lynn was always so independent and upbeat - you never knew when she was suffering. Over the past few years, unknown to us, Lynn had suffered through a traumatic experience, job loss and this terrible diagnosis. Lynn had no savings after losing her job, so she had no choice but to go on social assistance while she fought her battle against the cancer. It was a blessing in disguise because at least her treatments were covered as well as prescription medication. The volunteer drivers who take her to and from her treatments are a godsend.

Lynn's tumour was too large to operate on - so the Drs treated her with chemo and radiation. Next comes the surgery - they cannot wait any longer.. Lynn will undergo surgery on Mar 9th. The surgeon advises 3 months of rest, with hopefully Lynn being back to full motion after 6 months. We will know 2 weeks after the surgery if she is cancer free. We pray everyday for this outcome.

Lynn has to continue with Herceptin treatments for a full 15 1/2 months during and after her surgery. The Herceptin knocks the wind out of her - so she is looking at another year of not working or getting on with her life.

Lynn worries constantly about finances, where she will be in 6 months, and her health. Our family helps out where we can, but Lynn needs more financial help to help take away the stress of that worry, that is not good for her while she heals.

If anyone can help, we would be eternally grateful. I want my sister to just be able to rest and recuperate. We are unsure if any of the physio, or other aftercare treatments will be covered - so we need to raise money to help her with these expenses and to get her through this next year so she can come back healthy and strong and lead a great life.

Thank you so much for your support - our family is so grateful for the outpouring of love and prayers.

Christine McAuley

FUNraiser – February 21st, 2015 The Well Pub, 3956 Victoria Ave, Nanaimo

2 pm (meat draws start), Dinner starting at 4:30 pm / To donate to Lynn's Battle with Breast Cancer <http://www.gofundme.com/kecufg>