

# Rotary Club of Nanaimo **DAYBREAK**

SERVICE ABOVE SELF

## Club Duties

If you are unable to fulfill your duty,  
PLEASE FIND A REPLACEMENT,  
then let the meeting chair know.

**November 19, 2014**

### Front Door Greeters:

Nelson Allen & Ron Blank

### Invocation:

Dawne Anderson

### Introductions:

Sher Holubowich

### Rotary Minute:

Harry Stephan

### 50/50:

Bill Brendon

### Sgt @ Arms:

Neil Sorsdahl

**November 26th, 2014**

### Front Door Greeters:

Scott Bradford & Bill Brendon

### Invocation:

Ron Blank

### Introductions:

Kim Howland

### Rotary Minute:

Eileen Tatton

### 50/50:

Dawne Anderson

### Sgt @ Arms:

Dave Thompson

**December 6th, 2014**

### Front Door Greeters:

Graham Calder  
& Christine Craigie

### Invocation:

Scott Bradford

### Introductions:

Brian Kirkhope

### Rotary Minute:

Amy Taylor

### 50/50:

Dawne Anderson

### Sgt @ Arms:

Denise Davidson

Newsletter Date:

**November 19, 2014**

Volume 19 Issue 21

# Weekly Wake-up

## Upcoming Programs

Nov 19 Club Assembly - Business Meeting  
Nov 26 Classification Talk - Scott Bradford  
Dec 6 TBA

## NOTICES & NEWS

### *Hamperville Kick-Off Event...*

For the eleventh year, Loaves and Fishes and The Salvation Army will be partnering to provide Christmas Assistance to our community under the banner of Hamperville. We are excited about our new format that will provide those accepting assistance more choice in the foods they receive, as well as a choice of pickup location. We would like to invite you to our 2014 Kick of Event on November 26<sup>th</sup>. You can help by bringing along a non-perishable food item donation.

### *Fundraiser to Benefit Collateral Repair Project...*

An opportunity for fellowship?...The Collateral Repair Project is holding a beer and burger fundraiser at Piper's Pub on November 23rd to benefit Iraqi and Syrian Refugee Youth.

## Burger & Beverage Fundraiser

Benefiting Iraqi and Syrian Refugee Youth



Sunday November 23rd: 6pm

PIPER'S PUB (4700 Hammond Bay Road)

**\$20/ticket**

- Burger (Beef or Veggie) & Beer, Wine or Pop  
- Silent Auction  
- Live Music

For Tickets:  
Email: CRP.Alexandra@gmail.com  
or call 250.667.4094

All Proceeds Going to:  
**Collateral Repair Project**  
www.CollateralRepairProject.org



**Please send content and photos for the Weekly Wake-up to [robbmowbray@telus.net](mailto:robbmowbray@telus.net)**

### *Club Birthdays*

Nov 20 San Mahara

### *Club Anniversaries*

No Anniversaries this week.

*We gratefully acknowledge the financial support of the province of British Columbia*

P.O. Box 37051, #38 - 3200 Island Hwy, Nanaimo, BC Canada, V9T 6N4 / Phone 250-741-9333  
Rotary District 5020 / Club # 31160

*Meeting Notes - November 12th**by San Mahara, photos by Donna Allen*

Sher Holubowich was at the cash, while lone Dawne Anderson was busy greeting members. Donna Allen was manning a table for foundation, which is a great move from our club. Don Bonner summoned the meeting while Rod Mont played his saxophone for O' Canada. Ken Hammer welcomed guests: Dr. Bob David, who was a featured speaker for today, and Dave Wyllie from Calgary, who was visiting Patrick Maguire.

Nelson Allen did the invocation, while Neil Sorsdahl, attired in blazer with his military decorations talked about "service above self", honoring Remembrance Day. He gave a brief description about his medals and decorations. He explained that his brother was the motivating factor in joining the Navy.

Rod introduced Dr. Bob David, the speaker for the meeting, who drove all the way from Courtenay. He is a Certified Dream Builder coach. He can help you design and manifest a life that's in harmony with your soul's purpose. He helps you design and create four key areas for your life: time/ money freedom, health, relationships and your career and creative expression. Bob is an experienced teacher, university lecturer and senior educational administrator. He was CEO and superintendent in eight school systems in western Canada. He is the author of a book, A Rich and FULL Life.

He started his talk by saying he is dream builder helping executives by coaching to catch the dreams. He gave a succinct example of how elephants, unaware of their strength, in India are trained to have 'limiting beliefs' throughout their lives, such that even a feeble rope anchored on a small pole, when tied to their leg, can restrained them from getting loose.

"Limiting beliefs" is the cause that leads an individual to not pursue his/her life to its fullest. He claimed that the female mayors of Mississauga and Ottawa overcame limiting beliefs. This can get pronounced as a person ages. He was of the opinion that this concept should be taught in school. This may help students recognize their hidden potential and strength.

He stated that Steve Nash and Michael Jordan were cut from their high school teams due to their height, but they overcame that "limiting belief" and pursued their dreams to become top basketball players. Terry Fox and Chris Hadfield were the prime examples of the individuals who were able to discard "limiting factors" to achieve their dreams.

Bob said he has brought a few books that he authored and a few brochures about his business for those who are interested in his work.

Thank you Bob for sharing your passions and for uplifting us with your motivational talk.

Ken Hammer solicited few members to volunteer at the 7-10 club to serve breakfast. They need four more volunteer. He also mentioned that our Rotary peace fellowship recipient Alexandra is doing a beer & burger night at Pipers Pub to raise funds for refugee children from Syria & Jordan.

Donna Allen gave updates about the "Catch a Smile" project. The dragon got a name as "Mr. Chewy". We will go out in the school in the new year. We'll have two volunteers dressed up as a tooth fairy and a "sugar bug".

Nelson Allen updated about foundation fund raising efforts and will explain about slips he had distributed to the members.

Patrick Maguire urged members to vote. Rod collected names of those willing to participate on "Fiddler on the Roof" fellowships.

Bill Brendon ran a draw for 50/50 without a winner. Donna draw San's name for foundation contribution. Darryl Knievel collected some fines and happy bucks. In the end we recited four way test and the meeting was adjourned.

*Rotary Club Meetings*

Monday – Parksville, Bayside Inn, Noon

Tuesday – Nanaimo North, Frith-Radcliffe Auditorium, Kiwanis Village, 6:15 p.m.

Wednesday – Nanaimo Oceanside, 3rd Street Fieldhouse, 5 p.m.

Thursday – Lantzville – ABC Restaurant on Mary Ellen Drive, 7 a.m.

Friday – Nanaimo – Coast Bastion Inn, 12:15 p.m.

*Rotary Contacts***Club President:**

Don Bonner

**Past President:**

Randall Taylor

**Vice President:**

Dave Thompson

**Club Secretary:**

Neil Sorsdahl

**Club Treasurer:**

Anna Jones

**Club President Elect:****International Service Director:**

Nelson Allen

**Community Service Director:**

Rod Mont

**Youth Service Director:**

Terry Rogers

**Club Service Director:**

Kristin Rongve

**Bulletin Editor:**

Robb Mowbray

**Assistant Governor Area 4:**

Barry Sparkes

**District Governor 2014-2015:**

Michael Procter

**RI President 2014-15:**

Gary C.K. Huang

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*Make-ups*

To ensure that your make-up info is properly recorded, send any info on extra meetings attended, extra committee work, service projects, online work, etc. to Membership Chair, Denise Davidson at [ddavidson@islandadjusters.com](mailto:ddavidson@islandadjusters.com)

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*Four Way Test*

1. Is it the TRUTH?
2. Is it FAIR to all concerned?
3. Will it build GOODWILL and BETTER FRIENDSHIPS?
4. Will it be BENEFICIAL to all concerned?

