

Rotary Club of Nanaimo **DAYBREAK**

SERVICE ABOVE SELF

Club Duties

If you are unable to fulfill your duty,
PLEASE FIND A REPLACEMENT,
then let the meeting chair know.

June 18th, 2014

Front Door Greeters:

Wayne Peddie & Leanna Plug

Invocation:

Brian Kirkhope

Introductions:

Ev Mudryk

Rotary Minute:

Jeff Boegel

50/50:

Ron Blank

Sgt @ Arms:

Kris Rongve

June 25th, 2014

Front Door Greeters:

Terry Rogers & Kris Rongve

Invocation:

Daryl Knievel

Introductions:

Wayne Peddie

Rotary Minute:

Ron Blank

50/50:

Wendi Ferrero

Sgt @ Arms:

Neil Sorsdahl

July 2nd, 2014

Front Door Greeters:

Darryl Shaw & Neil Sorsdahl

Invocation:

Denise Larson

Introductions:

Leanna Plug

Rotary Minute:

Don Bonner

50/50:

Patrick Maguire

Sgt @ Arms:

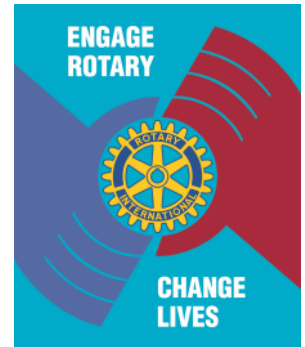
Dave Thompson

Newsletter Date:

June 18, 2014

Volume 18 Issue 49

Weekly Wake-up



Upcoming Programs

June 18 Club Assembly - Business Meeting

June 25 Keri Cargill Re: Groveland Park Improv Project

July 2 TBA

NOTICES & NEWS

Chris Comes Home!!!...

Chris Everett returned home last Friday. He is in good spirit and will spend most of his afternoon at the rehab center. The best time to contact him would be morning anytime between 8:00 and noon 250-591-8750.

So if anyone from the club wants to talk to him and give him some of their best wishes, that would be great.

July 30th Meeting at NYSA!...

Steve Arnett has invited Daybreak Rotary for our annual regular meeting and breakfast at the NYSA at 290 Bastion Street on July 30th. It's always a great meeting and delicious breaky at Nanaimo Youth Services. For those who have not attended in the past, enter at the lower back door of the building on the northwest corner of the Bastion Street bridge, off the side street.

And Don't Forget the NEA Summer BBQ this weekend...

This coming Saturday is the NEA Summer BBQ at Seabreeze Farm (home of Don and Beverley Bonner) at 7637 Lantzville Road (at Superior Road). Rotary members and their guests are invited. See the poster on page 3.

Please send content and photos for the Weekly Wake-up to robbmowbray@telus.net

Club Birthdays

No Birthdays this week.

Club Anniversaries

June 18 Robb & Barb Mowbray

June 21 Ken & Brenda Hammner

We gratefully acknowledge the financial support of the province of British Columbia
P.O. Box 37051, #38 - 3200 Island Hwy, Nanaimo, BC Canada, V9T 6N4 / Phone 250-741-9333
Rotary District 5020 / Club # 31160

Meeting Notes - June 11/14 notes by *Ron Blank* photos by *Donna Allen*

Sorry! Summer, Father's Day and good golf got in the way of writing notes. So I'm late. (Just ask Neil or Denise.)

Back to Rotary: Guests this morning were Oak Bay Rotarian Dr. John Sniveley intro'd by Rod Mont; Harry Stefan guest of Nelson Allen.; Amy Taylor guest of Rod Mont and Graham's wife Vicki Calder.

Don Bonner, our Sergeant-at-Arms, noted our above scribe screwed up and I will now correctly publish our upcoming Nanaimo Executive Association/Rotary Day-break BBQ at Seabreeze Farm on this coming **Saturday 21st of June**. Appies and Games at 4:30 and BBQ Dinner at Six. Check out the website!!



I intro'd Dr John as a Dentist and a friend. He has been going to Guatemala for the past four years and sharing his dentistry skills in the Lake Atitlan area. I've had the pleasure of working and socializing with John during my trips to Guatemala over the past two years.



John shared an ancient Mayan glyph "Atitlan Salud" on his t-shirt and on the screen. This glyph is galactic butterfly that represents wholeness, prosperity and the centre of the Milky Way. This also represents the new vision that John believes will better serve the people of Guatemala.

The rest of his traditional garb was pants and belt from Santa Catarina and jacket from Solala, both communities on Lake Atitlan. The lake is in the central highlands of Guatemala, approx 12x18 Km in dimension and 1,550 m elevation. (NO MOSQUITOES and one of the most beautiful spots in the world.)

Past endeavours were to select a needy community on the southern shore and do one to two weeks dental work. This required packing equipment and personal kit, hiring a vehicle to transport to a waiting launch, load, unload and transport and unpack at the selected clinic. Speaker vans were hired announce the clinic to the locals. Monday morning patients lined up, were examined and

times would allotted for the upcoming weeks' work. They discovered that payment of 10 Quetzals (\$1.25 Cdn) resulted in patients arriving on time and with a sense of ownership for having 'paid' for their treatment. Two days work were lost each move. Other dentists might volunteer their time if the living was not so "Indiana Jones."

"What long term benefit have we accomplished by treating these patients?" The answer was "not much." Many would go back to their poor dental habits of not brushing, poor 'black and white diet' (black beans, corn tortillas, rice) and excessive use of sugared pop. The last issue was "how well were we received within those communities?" Often communities could not/would not assist in finding or funding clinic space for John and his assistants. One community provided a clinic space that was filthy and full of chicken feathers requiring several hours to clean.

Hence his new vision "Education." With education on diet, nutrition and healthy habits, the people will be able to make informed



...continued on next page!

Rotary Contacts

- Club President:**
Randall Taylor
- Past President:**
Denise Larson
- Vice President:**
- Club Secretary:**
Neil Sorsdahl
- Club Treasurer:**
Anna Jones
- Club President Elect:**
Chris Everett
- International Service Director:**
Nelson Allen
- Community Service Director:**
Rod Mont
- Youth Service Director:**
Doug Lum / Sher Holubowich
- Club Service Director:**
Kristin Rongve
- Bulletin Editor:**
Robb Mowbray
- Assistant Governor Area 2B:**
Barry Sparkes
- District Governor 2013-2014:**
Peter Taylor
- RI President 2012-13:**
Ron Burton

Make-ups

To ensure that your make-up info is properly recorded, send any info on extra meetings attended, extra committee work, service projects, online work, etc. to Membership Chair, Denise Davidson at ddavidson@islandadjusters.com

Four Way Test

1. Is it the TRUTH?
2. Is it FAIR to all concerned?
3. Will it build GOODWILL and BETTER FRIENDSHIPS?
4. Will it be BENEFICIAL to all concerned?



Rotary Club Meetings

- Monday – Parksville, Bayside Inn, Noon
- Tuesday – Nanaimo North, Frith-Radcliffe Auditorium, Kiwanis Village, 6:15 p.m.
- Wednesday – Nanaimo Oceanside, 3rd Street Fieldhouse, 5 p.m.
- Thursday – Lantzville – ABC Restaurant on Mary Ellen Drive, 7 a.m.
- Friday – Nanaimo – Coast Bastion Inn, 12:15 p.m.



decisions on their health. Pregnant women are willing to listen. Sadly, the once proud and knowledgeable Mayans have lost those skill over the past two generations because of internal warfare and famine. Kids have learned to beg on the streets to then buy junk food in little tiendas. (shops)

John's skills dovetail very nicely with other NGO's American and European's working on the north side of the lake. Santiago is a mostly Mayan community of 50,000 on Lake Atitlan. Nearby San Marcos is also supported by NGO Medical Doctors, Dentists, Optometrists and local Mayan workers. With permanent clinics, no more lugging of gear, community support by charging half for meals and hotels, businesses supplying some money consumables and paying Mayan teacher/translators 2 to 3 days per week and his lake-front residence nearby, John believes it's a win-win situation. The new vision will become sustainable and the locals are taking responsibility. "Only then will they do it!"

John then donned a tzute head dress (pronounced tsuu teh) and bowed to us in thanks. He honoured Daybreak for spear-heading the funding of the portable dental x-ray equipment.

This has made his work so much easier and so much safer. It works by aiming the battery operated probe at the desired tooth with an electronic pick-up in behind, pull the trigger 'and like magic it appears on the portable computer.' In one case the x-ray revealed two teeth growing in opposite directions under a rear molar. John was unsure of the treatment so he transmitted the picture to an oral surgeon in Vancouver. Within minutes came the reply "Don't touch it!" The patient to the patient. Without the equipment and support the patient could have been in serious trouble. Again, he thanked us.



On John's t-shirt back he showed "Aqui' por la gente." meaning "Here for the people." Forty years ago John did a trip thru Central/ South America. This last time he made a profound discovery. "Giving must be spontaneous. You can't always plan, sometimes it just happens. I've learned to see, understand and act from the heart." His work "fills him to the brim" and has opened up his heart about making a difference. This really is "Service above Self" and meets the "Four Way Test."

John shared details on costs of dental consumables. Best said drugs and supplies are expensive! Equipment is also very expensive. He sometimes gets out-dated but still effective supplies from dentists. (BTW, why not ask your Dentist to support John with consumables?) In 2014, John took a second high speed drill as a back-up. Within days both drills went defective. It takes several days to get even the simplest equipment fixed. This equipment took weeks to repair. He had to resort to the much older slower noisier rotary drill to do the work. Thank-you John for detailing this delightful heartfelt project that we continue to support.

This being Rotary, we payed some fines and closed with the Four Way Test.

NEA



SUMMER BBQ

EXTRAORDINARY MEETING

SATURDAY JUNE 21ST

4:30PM

TORCH DELIVERY CEREMONY FOR THE "NEA GLADIATOR TRY-OUTS"

- BOCCI BALL• 
- HORSESHOES• 
- SHINNIE• 

6:00PM

BARBECUE DINNER

Pre-order a New York Steak, Big Chicken Leg or Thick Pork Chop from Piper's Meats to attend.
\$15/ Person (Piper's gave us a good deal on these choices).

NEA will supply via Big Apple Catering the Manhattan Salad for all.

Rotary members are invited. Any NEA member can bring a guest or three of course.

BRING

Your favorite Appy when you arrive early for the games or a Dessert if you can stay later. Your own Beverage and arrange for safe transportation.

LATER

Come by the campfire to sing Kumbaya with Bev and the Horse! Designated drivers and car pooling is essential. That takes planning and commitment. Let us make this the biggest fun event of the year!

Please let the organizers: Tim McGrath and Bill Brendon know how you want to participate.

tim.mcgrath@its-secure.ca
bill.brendon@westernfg.ca

SEABREEZE FARM
7637 LANTZVILLE ROAD
(Just off Island Hwy at Superior)



Have a Great Week!