



Club Duties

If you are unable to fulfill your duty,
PLEASE FIND A REPLACEMENT,
then let the meeting chair know.

September 11th, 2013

Front Door Greeters:

Ken Hammer & Sher Holubowich

Invocation:

Francine Frisson

Introductions:

Lynda Kazanowski

Rotary Minute:

Darryl Shaw

50/50:

Wendi Ferrero

Sgt @ Arms:

Kris Rongve

September 18th, 2013

Front Door Greeters:

Lynda Kazanowski
& Brian Kirkhope

Invocation:

Ken Hammer

Introductions:

Daryl Knieval

Rotary Minute:

Eileen Tatton

50/50:

Patrick Maguire

Sgt @ Arms:

Neil Sorsdahl

September 25th, 2013

Front Door Greeters:

Daryl Knieval & Denise Larson

Invocation:

Sher Holubowich

Introductions:

Michael Leduc

Rotary Minute:

Nathan Thornton

50/50:

Patrick Maguire

Sgt @ Arms:

Dave Thompson

Weekly Wake-up

Upcoming Programs

- Sept 11 Chris Beaton - Developing Aboriginal Successes
Sept 18 Business Meeting / Kids On The Block
Sept 25 Rod Mont - Estate Planning

NOTICES & NEWS

Daybreakers Enjoy End of Summer BBQ...



Club Correspondence...

Check out the link below for the latest in correspondence to the Club from various sources:
http://www.daybreakrotary.ca/index.php?p=2_8

Please send content and photos for the Weekly Wake-up to robbmowbray@telus.net

Club Birthdays

September 15 Christine Craigie

Club Anniversaries

No Anniversaries this week.

Meeting Notes - Sept. 4th notes by **Ron Blank** photos by **Donna Allen & Kris Rongve**

'Money Man San' Mahara was the first face to greet us this morning. Denise Davidson & Karin Mattern shared hugs. After President Randall Taylor began the proceedings, Rod Mont horned us into our Anthem. Chris Everett shared a delightful invocation.

After the rabble quieted, Wendi Ferrero was able seeks out our guests. Rotary Youth Exchange Student Sara from Sweden was introduced (your intrepid reporter discovered her last name is Lindhagen. (with letter 'a' sounding like 'ah')

Sergeant Don Bonner amazingly let the boys table lead us to our meal. After brekkie, Rotary Minute from Kris Rongve covered upcoming Saturday BBQ at Terry & Jodi Rogers home, with T&J providing their famous BBQ bird and ourselves bringing appies salads, breads and desserts. Part II was sharing info from Rotary International (RI) website & District website. (which has obviously been co-opted and improved by our Don Bonner don@nisa.net) The Rotary Foundation has pumped \$500K into halting the recent 110 person polio epidemic in Somalia.

How did we introduce our morning speaker? With a Klap for Karin! Her topic was the business of Chiropractic. Historically, Chiropractic was founded by a Canadian living in the USA. In the late 1800's, medicine & patient care was evolving using scientific methods. Early doctors of medicine and chiropractic evolved and often worked together. During the early 1960's, the American Medical Association accused chiropractors of "quackery" and their goal was to contain or eliminate them. By mid-80's, the courts ruled the AMA engaged in an "unlawful conspiracy in restraint of trade" and the battle was apparently over.

Chiropractic is now accepted within hospitals and most extended medical benefits will cover treatment costs. Essentially, the education of both medical & chiropractic doctors area similar with three years of University followed by four years of theory and practicum minus training in drugs and surgery. Karin's brochure cover shows their area of focus, the laying on of hands. "Our Canadian Chiro College even trains Swedish professionals."



Pres Randall with our guest speaker , Karin Mattern...

Karin's dream, like in Dentistry, patients would come in twice yearly for check-up and preventive treatments, versus coming in only when sick.

Karin opened the floor for questions. Dave Thompson noted that ICBC, Worksafe BC, medical insurances all pay for Chiropractic. Karin noted that new Medical Doctors, as well as the South African and European medical systems, more readily accept them.

Osteopathy is similar to Chiropractic as they do manipulation but are also part of the Medical system surgery and write prescriptions in their business. Osteopaths are more prevalent in England and aka bone setters.

"Yes," she said, "I think acupuncture is wonderful and often refer patients for treatment." Anna Jones also noted that Revenue Canada accepts Chiropractic as medical expenses. Thank-you Karin!

Ken Hammer asks that if you know anyone going to VIU, this is the time to promote and to revitalize the Rotaract group with new members. They meet on Tuesdays at 4:30 ...continued on next page/

Rotary Club Meetings

- Monday – Parksville, Bayside Inn, Noon
- Tuesday – Nanaimo North, Frith-Radcliffe Auditorium, Kiwanis Village, 6:15 p.m.
- Wednesday – Nanaimo Oceanside, 3rd Street Fieldhouse, 5 p.m.
- Thursday – Lantzville – ABC Restaurant on Mary Ellen Drive, 7 a.m.
- Friday – Nanaimo – Coast Bastion Inn, 12:15 p.m.

Rotary Contacts

- Club President:**
Randall Taylor
- Past President:**
Denise Larson
- Vice President:**
- Club Secretary:**
Neil Sorsdahl
- Club Treasurer:**
Anna Jones
- Club President Elect:**
Chris Everett
- International Service Director:**
Nelson Allen
- Community Service Director:**
Rod Mont
- Youth Service Director:**
Doug Lum / Sher Holubowich
- Club Service Director:**
Kristin Rongve
- Bulletin Editor:**
Robb Mowbray
- Assistant Governor Area 2B:**
Barry Sparkes
- District Governor 2013-2014:**
Peter Taylor
- RI President 2012-13:**
Ron Burton

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*Make-ups*

To ensure that your make-up info is properly recorded, send any info on extra meetings attended, extra committee work, service projects, online work, etc. to Membership Chair, Denise Davidson at [ddavidson@islandadjusters.com](mailto:ddavidson@islandadjusters.com)

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Four Way Test

1. Is it the TRUTH?
2. Is it FAIR to all concerned?
3. Will it build GOODWILL and BETTER FRIENDSHIPS?
4. Will it be BENEFICIAL to all concerned?





...Our newest member,
Jennifer Gee...

Room 205 International Building 255.

Past Pres Denise Larson circulated copies of the Criminal Record Check that we all should have, when having exposure to youth, usually on a 3 year basis. Denise will develop a letter from Daybreak to accompany the form that changes the RCMP cost to \$10. (Which can be reimbursed through the City said Jeff Boegel.)

Anna, Doug Lum and Bill Brendon recently attended Youth Exchange training and the goal of the five clubs is to sponsor three in-bound students each year. Grade 9 & 10 students should be approached to ensure they can represent Rotary Nanaimo as outbound students in foreign countries. Interviews for next year's candidates will be held on Sept 18 at 7 PM in Rotary Field House on Third St. (enter off Jingle Pot) Come and listen to these amazing kids.

Patrick says we have two spots for the Guatemala team. Daybreak has funded the Dental X-Ray for Dr John Snively and our Vicki Calder will be with that team from Feb 3 - 22. Graham will be scouting and beginning the early work on fixing needy widows' homes for the Chemainus group. Ron is going on 11th of January with the Qualicum, team as he's 'master of the latrines.' Patrick & Moira's team starts work on 4th of Feb and leave around the 15th. Their tasks include work on gardens and permaculture projects, distribution of school supplies and looking for future development projects. Contact either Patrick or Ron about going. Update: Bill Brendon has now decided he will also be joining Ron & Dave Shepherd's team.

Darryl Shaw is going to the BC Lions-Montreal football game on the 19th of Sep. Interested? You know what to do.....

Ron is seeking volunteers for our first PARTY programme at the Hospital on September 25th. Guides will be needed from either 9:20 til 12:10 AM or 11:20 til 2:10 PM. One bonus is the free pizza. The other is watching the transformation of hardened youth to kids who get it!!

Want to know anything about getting grants from Rotary? From 7:45 to 5 PM on October 19th Foundation/Grant management Seminar to be held at VIU, Nanaimo. You can sign-up on the District website before 10 Oct. (<http://www.clubrunner.ca/portal/Events/EVPEventDetails.aspx?accountid=50092&eid=8bce8b65-9b53-4539-9bc6-0958dbbba89d&tid=2>) Nelson & Ken will have location details later.

Patrick did the 50/50. Doug Lum won the money, but wasn't here to receive. Too bad we are Rotarians. He gets to keep the moolah anyway.

Sergeant Don grasped the spittoon and asked " How come Donna & Nelson left together? Was that a C..... moment? Jeff donated a shameless promo dollar to impress us with next week's programme: Kids on the Block. Wait for it... Daryl K paid for his technology faux pas. Karin paid for a Dr dis as Ken is also a Dr. Terry & Jody were going to the Eagles Concert on Friday night. Don closed the donations with his sad realization that when Beverley is away, he gets to shovel the farm.

That being enough, we Four Wayed out to our next adventure.

Recap of Saturday: 'Twas quite an afternoon feast. The weather was in the 20's and nearly a flat calm. The kids kayaked, volleyed & bocci'd. Bill Brendon managed a dip in the salty. The rest of us schmoozed and drank the wonderful views. Wow! How time flies. Daughter Loren is now attending VIU & Shane goes into Grade 10. Great event Terry & Jodi. Thanks!

Have a Great Week!

ROTARY DAYBREAK UPCOMING BINGO COMMITMENTS 2013

October 3 - Thursday 11am - 1pm Ron Blank and Dave Thompson

November 16 - Saturday 11am - 1pm Kris Rongve and Sher H

December 22 - Sunday 11am - 1pm Robb Mowbray and Anna Jones



...Kris gives us a Rotary Minute.