



*Club Duties*

**If you are unable to fulfill your duty, PLEASE FIND A REPLACEMENT, then let the meeting chair know.**

**Weekly Wake-up**

**March 6th, 2013**

**Front Door Greeters:**

Kris Rongve & Neil Sorsdahl

**Invocation:**

Doug Lum

**Introductions:**

Anna Jones

**Rotary Minute:**

Nelson Allen

**50/50:**

Wendi Ferrero

**Sgt @ Arms:**

Dave Thompson

**March 13th, 2013**

**Front Door Greeters:**

Eileen Tatton & Randall Taylor

**Invocation:**

Patrick Maguire

**Introductions:**

Leanna Plug

**Rotary Minute:**

Dawne Anderson

**50/50:**

Dawne Anderson

**Sgt @ Arms:**

Denise Davidson

**March 20th, 2013**

**Front Door Greeters:**

Dave Thompson  
& Nathan Thornton

**Invocation:**

San Mahara

**Introductions:**

Terry Rogers

**Rotary Minute:**

Ron Blank

**50/50:**

Dawne Anderson

**Sgt @ Arms:**

Don Bonner

*Upcoming Programs*

- March 6 Patrick Maguire & Ron Blank, Report on Trip to Guatemala
- March 13 Patrick Maguire, British Columbia Election
- March 20 Club Assembly

**NOTICES & NEWS**

*Tickets for Swing Into Spring now available...*

Rod Mont has lots of tickets for Swing Into Spring. If you are *In The Mood* to enjoy some Big Band music, make sure you get your tickets soon. The big event is coming up in less than three weeks. Remember, we don't have to do the work this year, thanks to our friends at the Rotary North club. BUT we do need to sell the tickets, so, if you have family, friends or associates who would enjoy Swing Into Spring on Saturday, March 23rd at Bowen Park Auditorium, pick up some tickets from Rod and GET THEM SOLD!!! Let's all support our event and the music students who benefit from its success. See you there!

*Club Correspondence...*

Check out the link below for the latest in correspondence to the Club from various sources:  
[http://www.daybreakrotary.ca/index.php?p=2\\_8](http://www.daybreakrotary.ca/index.php?p=2_8)

**Please send content and photos for the Weekly Wake-up to [robbmowbray@telus.net](mailto:robbmowbray@telus.net)**

*Club Birthdays*

March 5 Brian Kirkhope

*Club Anniversaries*

No Anniversaries this week.

*We gratefully acknowledge the financial support of the province of British Columbia*  
P.O. Box 37051, #38 - 3200 Island Hwy, Nanaimo, BC Canada, V9T 6N4 / Phone 250-741-9333  
Rotary District 5020 / Club # 31160

*Meeting Notes - February 27th* notes by Terry Rogers, photos by Donna Allen

Meeting chaired by Denise Larson.  
Rod Mont led us in O Canada.

**Greeters**

Belatedly myself and Leanna Plug, I guess I should have read the Weekly Wake-Up, but got a little distracted entertaining my guest.....fine to follow.

**Guests**

This was membership drive meeting so the room was full of potential new members

**Rotary Minute**

Donna Allen reminded our club of the Rotary Slogan for this year "Peace through Service". She advised that Peace can mean many things, including ensuring adequate water and sanitation and education. Rotary is instrumental in pushing forward these initiatives throughout the world, thus building a foundation for peace. Donna likened the recent Pink shirt day to stop Bullying to the Rotary Goal of Peace through Service. Peace can be achieved child to child, person to person and nation to nation. Donna closed by indicating her pride in being a Rotary Daybreak member.



**Paul Harris Presentations**

Don Bonner presented a pin and certificate to Chris Everett and Denise Larson in recognition of their contributions of \$1000 USD to the Rotary Foundation. Don explained that the contributions to achieve the Paul Harris Recipient awards fund the Humanitarian and Education programs for Rotary International. Rod Mont was then presented with a Paul Harris pin with 2 sapphires acknowledging \$3,000 in contributions to Rotary Foundation and Dr. Ken Hammer was presented with a Paul Harris Pin with one sapphire acknowledging his \$2000 contribution. Don advised that an individual who contributes \$10,000 USD or more to the

Rotary Foundation is called a major donor.

**Guest Speaker –Rhiannon Hughes**

Dr. Hughes received her medical degree from the University of Toronto with specialization in Pediatrics and Medical Genetics from the U of Ottawa and a MSc Infectious Diseases from the U of London. Rhiannon joined MSF (Doctors without borders) in 2005 and spent six months working in Turkmenistan as a Pediatrician. She then moved to Port Alberni to become the second pediatrician in the central and west coast regions providing care for many of the First Nation communities. In September 2011, Dr. Hughes took a 5 month leave and joined the MSF team at a high risk obstetrical hospital in Port-au-Prince, Haiti. They provided obstetrical and neonatal services to approximately 800 women per month. Rhiannon has been back in Port Alberni for about 1 year and continues to work in private practice (pediatrics and medical genetics), as well as providing pediatric hospital coverage for emergency, in-patients and maternity at the West Coast General Hospital.

MSF is an international independent medical/humanitarian organization that delivers emergency medical care to people affected predominantly by war and natural disasters. The organization remains impartial, maintains it right to speak out on various issues and is a strong advocate for improved medical treatment.



...Guest speaker, Dr. Rhiannon Hughes with Rod and President Denise...

...continued on next page/

*Rotary Contacts*

**Club President:**

Denise Larson

**Past President:**

Bill Brendon

**Vice President:**

Chris Everett

**Club Secretary:**

Neil Sorsdahl

**Club Treasurer:**

Anna Jones

**Club President Elect:**

Randall Taylor

**International Service Director:**

Francine Frisson

**Community Service Director:**

Darryl Shaw

**Vocational Service Director:**

Doug Lum

**Club Service Director:**

Donna Allen

**Bulletin Editor:**

Robb Mowbray

**Assistant Governor Area 2B:**

Barry Sparkes

**District Governor 2012-2013:**

Judy Byron

**RI President 2012-13:**

Sakuji Tanaka

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*Make-ups*

To ensure that your make-up info is properly recorded, send any info on extra meetings attended, extra committee work, service projects, online work, etc. to Membership Chair, Denise Davidson at [ddavidson@islandadjusters.com](mailto:ddavidson@islandadjusters.com)

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*Four Way Test*

1. Is it the TRUTH?
2. Is it FAIR to all concerned?
3. Will it build GOODWILL and BETTER FRIENDSHIPS?
4. Will it be BENEFICIAL to all concerned?

*Rotary Club Meetings*

- Monday – Parksville, Bayside Inn, Noon
- Tuesday – Nanaimo North, Frith-Radcliffe Auditorium, Kiwanis Village, 6:15 p.m.
- Wednesday – Nanaimo Oceanside, 3rd Street Fieldhouse, 5 p.m.
- Thursday – Lantzville – ABC Restaurant on Mary Ellen Drive, 7 a.m.
- Friday – Nanaimo – Coast Bastion Inn, 12:15 p.m.



The Haiti earthquake struck at about 5pm on Jan 12/10 and measured 7 on the Richter scale. It affected about 3 million people, leaving 1 million homeless and it is estimated that 316,000 people died. MSF lost 12 staff members and 2 MSF hospitals were destroyed. Over the next two years, MSF built 4 emergency facilities and many fully supplied tent hospitals were brought in. After the quake, the local infrastructure was destroyed and the Haitian government had few resources available, so they were reliant on the NPO's. There was immediate need for alternate housing as it was not safe to return to the damaged structures with the many aftershocks. Tent cities were set up everywhere and many still remain three years later.

There was no proper sewage system, so the drinking water quickly became contaminated resulting in a Cholera outbreak in October/10. Emergency cholera treatment centers had to be set up to deal with the outbreak and ensure that the medical staff didn't get sick. Many of the local Haitians blamed the U.N. for bringing in the Cholera.

Haiti is a very impoverished country. Prior to the quake, 60% of the population had no access to healthcare. The quake made the situation much worse, as 60% of the health centers were destroyed. Haiti has the highest maternal mortality rate in the western world amounting to 630 per 100,000 births. Forty percent of these deaths are the result of pregnancy induced hypertension.

When Dr Hughes was in Haiti, she worked at a facility that delivered 700-1200 babies per month. To put this in perspective, Port Alberni had 238 deliveries in all of 2012. All the deliveries at this facility were for high risk pregnancies. As demand increased the facility had to be expanded. The medical staff was very creative as they had limited equipment.

In addition to the Cholera, there has also been an outbreak of Malaria in Port-au-Prince. The city is surrounded by hills where the people prefer to live. The water drains down to the flatlands below, providing a perfect environment for Malaria to spread.



*...Left, Chris Everett and Denise Larson receive their Paul Harris Fellowship recognition...*

*...Below left, Rod Mont gets his second PH pin, while, below, Ken Hammer receives his third PH pin... Congratulations to all!*

Tropical Storm Isaac struck August 25/12, further setting back the recovery from the earthquake, but Dr. Hughes advised that the Haitian people are very resilient and cope well. Currently, many of the tents have been fortified with plywood sides especially in areas such as Corail camp, which is supported by Oxfam. Unfortunately, very few people can grow their own food, so they must earn money by foraging or other means to buy food.



MSF provides all its medical services at no charge to the recipients. Currently MSF operates a 110 bed Obstetric facility, a 130 bed trauma hospital, a 110 bed surgical centre and a 160 bed emergency treatment centre in Haiti. In 2012 MSF treated 30,000 patients in Haiti as well as an additional 23,000 cholera patients in various temporary emergency centers set-up as needed. In addition, MSF has also set up numerous water treatment centers.

#### **Birthdays**

Boy, did we sing a bad rendition of Happy Birthday to Neil and Don, but it didn't seem to bother the birthday boys.

#### **50/50 Dawn Anderson**

Dawne advised that the pot sits at \$909, but Nelson was unable to pull the King of Diamonds.....sorry Nelson. Guest Doug Holmes was able to outdraw Denise for a bottle of wine and Michael Leduc went

home with a box of chocolates.

#### **Sergeant –at-Arms**

Neil Sorsdahl bee-lined it to yours truly and Leanna for the aforementioned greeter transgressions mentioned earlier. Mea Culpa..... Maxima Mea Culpa and then he turned his attention to happy bucks...phew.

On to recitation of the Four Way Test and to work we go.....or some of us do at least.

**Have A Great Week!**