



### Club Duties

If you are unable to fulfill your duty,  
PLEASE FIND A REPLACEMENT,  
then let the meeting chair know.

#### May 9th, 2012

**Front Door Greeters:**

Jeff Boegel & Lynda Kazanowski

**Invocation:**

Christine Craigie

**Introductions:**

Patrick Maguire

**Rotary Minute:**

Darryl Shaw

**50/50:**

Randall Taylor

**Sgt @ Arms:**

Don Bonner

#### May 16th, 2012

**Front Door Greeters:**

Christine Craigie  
& Denise Davidson

**Invocation:**

Denise Davidson

**Introductions:**

Ken Hammer

**Rotary Minute:**

Neil Sorsdahl

**50/50:**

Wendi Ferrero

**Sgt @ Arms:**

Kris Rongve

#### May 23rd, 2012

**Front Door Greeters:**

Ken Hammer & Francine Frisson

**Invocation:**

Wendi Ferrero

**Introductions:**

Patrick Maguire

**Rotary Minute:**

Eileen Tatton

**50/50:**

Wendi Ferrero

**Sgt @ Arms:**

Neil Sorsdahl

# Weekly Wake-up

## Upcoming Programs

May 9th - Wendy Pratt - Hospice, Part 2


May 16th - Club Assembly


May 23rd - Jibek - Exchange Student

## NOTICES & NEWS

*DON'T FORGET THIS WEEK'S EVENT!!!*

**ROTARY NANAIMO DAYBREAK**  
Presents 3rd ANNUAL  
**COMMUNITY "SHRED"**  
SATURDAY, MAY 12<sup>TH</sup> 10AM-2PM  
**Open To All!**  
Bring your confidential documents for  
immediate shredding while you watch.  
Cost \$8<sup>00</sup> per Banker's Box or equivalent.  
**Proceeds to eradicate  
Polio from the world.**  
Thanks to our sponsors:  
Nanaimo North Town Centre and  
Island Document Shredding and Storage



 **NANAIMO  
NORTH  
TOWN CENTRE**  
Northeast parking lot

### Club Correspondence...

Check out the link below for the latest in correspondence to the Club from various sources:

[http://www.daybreakrotary.ca/index.php?p=2\\_8](http://www.daybreakrotary.ca/index.php?p=2_8)

### District 5020 newsletter now online...

Go to <http://docs.rotary5020.org/newsletter1/2011-12/2012-04.pdf>

**Please send content and photos for the Weekly Wake-up to [robbmowbray@telus.net](mailto:robbmowbray@telus.net)**

### Club Birthdays

No Birthdays this week.

### Club Anniversaries

May 10 Rod & Heather Mont

*Meeting Notes - May 2nd*

notes by *Ron Blank*, photos by *Donna Allen*

President Bill Brendon were noticeably absent, and Vice President Randall was able to fill the gap. Cindy Bartlett and I gripped and hugged our visitors, after being fleeced at the front door by Nathan Thornton.

Jim McIvor mishandled Introductions. Guests: Daryl Knievel presented Gord Clemmensen, on his second visit. Don Bonner intro'd Rotary Nanaimo Rotarian Joan Ryan, Program Manager, and she then presented Ellen Seuttler, Nanaimo Lifeline Telephone Coordinator. Brian Kirkhope, at the youth table, intro'd second son Lucas le Goareguer, real son John and daughter Sarah. Lantville Rotarian Glynn



*Okay, okay, I can run this thing..*

Currie was finally introduced. (Jim kinda got lost with his order on intro's, and Sergeant Dave Thompson quickly explained that "Jim! You had a fine after saying Hello!)

Kris Rongve confidently strode to the front for a Rotary Moment, "certain that her efforts couldn't be as bad as Jim's!" Her Moment was a blatant advertisement, seeking a volunteer for Programme Committee Chair. Kris shared that the volunteer "will have an opportunity to connect with exciting and interesting people in our community." Brought to you by Kris & Donna. Contact either!



*...Brian intros his "family"..*

Donna Allen then presented her motion: "That Rotary Day-break spend \$1,000 to support the replenishment of Ecole Hammond Bay's emergency supplies. (lost to a recent theft)" Seconded & Carried.

Shredding will be on Saturday 12th of May, with Patrick Maguire assisting from Australia. Denise Larson has also left to support an ailing sister in Ontario. The rest of us will have to pick up the slack. (Signage has been placed, and our Book Boxes now have a place to advertise our upcoming events.)

Randall read a thank-you from Nanaimo Eagles Hockey Team for our recent support.

Don then said, "IF you had fallen last week, and can't get up, you shoulda called Nanaimo Lifeline beforehand." which was his introduction for our Guest Speakers.

Joan shared that Nanaimo Lifeline is celebrating their 25th Anniversary this year. They originated as an arm of the Hospital Auxiliary. In 1987, they began on 13 July with their first two installations.



*...Kris does the Rotary Moment ...*

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*Rotary Club Meetings*

- Monday – Parksville, Bayside Inn, Noon
- Tuesday – Nanaimo North, Frith-Radcliffe Auditorium, Kiwanis Village, 6:15 p.m.
- Wednesday – Nanaimo Oceanside, 3rd Street Fieldhouse, 5 p.m.
- Thursday – Lantzville – ABC Restaurant on Mary Ellen Drive, 7 a.m.
- Friday – Nanaimo – Coast Bastion Inn, 12:15 p.m.

*Rotary Contacts*

- Club President:**  
Bill Brendon
- Past President:**  
Patrick Maguire
- Vice President:**  
Randall Taylor
- Club Secretary:**  
Neil Sorsdahl
- Club Treasurer:**  
Anna Owens
- Club President Elect:**  
Denise Larson
  
- International Service Director:**  
Francine Frisson
- Community Service Director:**  
Christine Craigie
- Vocational Service Director:**  
Dave Thompson
- Club Service Director:**  
Donna Allen
  
- Bulletin Editor:**  
Robb Mowbray
  
- Assistant Governor Area 2B:**  
Brenda Grice
- District Governor 2011-12:**  
David Stocks
- RI President 2011-12:**  
Kalyan Banerjee

*~~~~~  
Make-ups*

To ensure that your make-up information is properly recorded, send any info on extra meetings attended, extra committee work, service projects, online work, etc. to Membership Chair, Rod Mont at [mont@islandlaw.ca](mailto:mont@islandlaw.ca).

*~~~~~  
Four Way Test*

1. Is it the TRUTH?
2. Is it FAIR to all concerned?
3. Will it build GOODWILL and BETTER FRIENDSHIPS?
4. Will it be BENEFICIAL to all concerned?



Their Mission is to "allow people to remain independent in their own home." They offer service from Bowser, nearby to Alberni, and Nanaimo.

Lifeline equipment has evolved to waterproof buttons, (can be worn in the shower) that can operate within 250 feet of the base speaker phone. The button back-up battery will last for an hour after power outage and the base handset will operate up to 30 hours.

Their newest device is a pill dispenser. This device will not only dispense pills whenever programmed, but will warn the user that pills have been missed. After 90 minutes, it will store those pills and will notify Nanaimo Lifeline, who then checks with the individual. The cost of \$75/month may seem high, but users result in 98 - 100 % compliance and it reduces nurse visiting hours by 202 hours per month, at a minimum of \$30/visit. Joan says that by mid-2013 they will have cellphone Lifeline.

Joan shared that the Nanaimo Hospital Foundation assumed ownership of Lifeline in 1998. At that time they had 401 clients. "Today, we have nine paid staff, with six being full time." As of March 2012, they had 1478 clients and, over the 25 years, have installed over 6,650 units. They also operate a fully equipped satellite unit in Parksville.

"Who uses Lifeline?" 75% of the long term clients are between 80 and 100 years old; 10 clients are over 100! Clients are medically at risk, with chronic health problems or physically disabled. Short term clients allow respite for care givers, at-risk pregnancies, post operative, or at-risk infants.

Their Nanaimo Call Centre is one of three in the Province. "Most run out of Toronto", but feel Lifeline Nanaimo adds the personal touch, local info and weather knowledge that can't be gleaned from Vancouver media. They promote their project "everywhere and in seven languages."



...Guest speaker Ellen Seuttler from Lifeline (left) with Joan Ryan of the downtown club with Ken...



Rod cuts for the win...not today. :-(

Volunteers do most of the installs "just in case you want to know where you might want to volunteer," then return later to reinforce the equipment use. "How else can you help?" Joan explained their Silent Guardian Fund, that pays for those who can't afford the monthly \$37 fees. (65 clients currently supported)

Sher Holubowich shared that her mother had used the service for three years and it had likely saved her life three times. Ken Hammer's mother lives one and a half hours away from his caregiver brother and has also benefited from their service.

50/50 Darryl Shaw now at \$1265, and Rod cut the 6 of Clubs.

Before unleashing our Sergeant, Veep Randal noted that "Today seemed to be a particularly target rich environment!" Though Jim & Julie McIvor celebrate an Anniversary, Sgt Dave didn't forgive Intro gaffes.. I paid for preemptive meal cue jumping; Denise Larson paid for being Denise; Jeff was supposed to do Intro and paid. Happy bucks started, then Doug Lum's phone rang, and again!

Sgt Davey T went punitive. Darryl Shaw promoted his comedy debut at the Old City Station Pub on Saturday. Glynn Currie promoted their Golf Ball Drop, saying that the free coupon with your ticket "gives an immediate 20% return, which is certainly better than the stock market."

That being the end, Four Way Tested, we were off to our next adventure.

**ROTARY DAYBREAK  
UPCOMING BINGO COMMITMENTS 2012**

Fri, June 8      11am – 1 pm  
Rod Mont      Don Bonner...or ?

Tues, July 17    11am – 1 pm  
Denise Davidson Terry Rogers

Sat, August 25   11am – 1 pm  
Anna Owens    Ken Hammer



**Have A Great Week!**