

Club Duties

If you are unable to fulfill your duty, could you please find a replacement or let the President know you are unable to attend.

March 3rd, 2010

Front Door Greeters:
Henri Amerongen
& Randall Taylor

Invocation:
Brian Kirkhope

Introductions:
Francine Frisson

Rotary Minute:
Dawn Anderson

50/50:
Darryl Shaw

Sgt @ Arms:
Don Bonner

March 10th, 2010

Front Door Greeters:
Denise Larson & Kris Rongve

Invocation:
Robb Mowbray

Introductions:
Ken Hammer

Rotary Minute:
Wendi Ferrero

50/50:
Darryl Shaw

Sgt @ Arms
Bruce Mede

March 17th, 2010

Front Door Greeters:
Ricki Kristiansen & Jim Jeffries

Invocation:
Kris Rongve

Introductions:
Lynda Kazanowski

Rotary Minute:
Darryl Shaw

50/50:
Randall Taylor

Sgt @ Arms:
Dave Thompson

Weekly Wake-up

Upcoming Programs

March 3rd - Marine Research - David Welch, Kintama Research
(Bring A Guest Day!)

March 10th - Ghana Update - VIU Students, Ghana Team

March 17th - Club Assembly

NOTICES & NEWS

Presidents' Dip in the Bay ...



...that's a strange bathing suit, President Dave!...

Please send content and photos for the Weekly Wake-up to robbmowbray@telus.net

Club Birthdays

March 5 - Brian Kirkhope

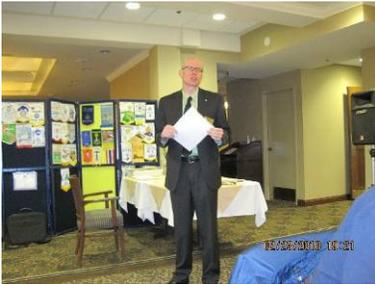
Club Anniversaries

March 5 - Christine & Brad McAuley

Meeting Notes - February 24th

by Ron Blank / photos by Donna Allen

Another weekly breakfast with friends was started with Terry Rogers' invocation to the Hockey Gods (We will have this decision made later Sunday afternoon.) Christine Craigie is still volunteering with the Olympics, thus, Daryl Stech ably handled the introductions of our guests. Denise Larson slipped by introducing "Ross" Burke, from the Canadian Western Bank. Ken Hammer then correctly introduced Russ; then, Eileen Page, with Enterprising Women; Paulyne Robinson, with Big Brothers & Sisters; and Tobias Moretto, the 2009/2010 candidate with Leadership B.C. Daryl then stepped into his Sergeants outfit, and continued his tonsillor manipulations by attempting to herd our members to breakfast. First order was to tell Ken his chatting would cost. Order resumed, and our table finally discovered the trick, smiled broadly, and we were selected as fourth in line.



Ken introduces our guest speakers...

Our program began with Ken saying that our Club has been sponsoring Leadership BC candidate for five years, and included: James Squisatto of Nanaimo Youth Services Association, Heather Owen, Central VI Crisis Society, Paamela Hadekin, United Way. He then introduced Paulyne Robinson, who we sponsored for the 2008/09 Leadership B.C. Program. She is a Program Manager with Big Brothers & Big Sisters of Central V.I. Paulyne hails from 100 Mile House, and joined the staff of BBBS of CVI in 2004. Last year, she jumped at the opportunity to enroll in this accredited nine month program. She explained that the students begin with two days of intensive training in September at Tamagawa University. The candidates were then di-

vided into teams, with each team individually selecting a project that partners with a business, or non-profit organization, in our community. In addition to monthly full day seminars, each team individually meets to develop, and implement their project. Paulyne's team project was to plan, raise funds, and to do an office Makeover/ Takeover in a weekend workparty. Because of the time needed, they soon discovered their first project was too big. They had to down-size. Luckily for Paulyne, the team then chose to do the flooring, trim and painting of her BBBS of CVI offices. She noted that neither herself, nor her husband had any of these hands-on skills. Her team completed the physical tasks in one hectic weekend. She said that with her training and experiences, she has grown with her increased knowledge of goals, and coaching. She has also acquired enough practical skills to undertake their own basement renovations.



...(l to r) Russ Burke, Paulyne Robinson and Tobias Moretto with Karin...

Next up was our 2009/10 sponsored candidate: Tobias Moretto. Tobias said that his is a Nanaimoite, 26 years old, enrolled in BCIT Marine Engineering Programme. He is learning steps to success, role modeling from the Olympians, self awareness, diet, exercises, power of positive thinking, and with proper choices, success is assured. He said, making healthy choices is a learned skill, and unfortunately, sports is not an option for many kids. They lose the opportunity to work in teams and gain personal achievement. Tobias recommended this training should be brought into schools. He said his team meets for 2-3 hours per week, and he is the only male on his team, and it is tough. (Whoa! Some thought insert foot.) Tobias is learning patience, and the intricacies of working with women. Actually, he stated, women want to plan and analyze. He is used to jumping right in, and planning as he goes. He enjoyed a recent Community Learning Day in Rotary Park, presented by Bruce Williams on "getting the word out." Tobias liked the opportunity to learn a skill and immediately put it into use. He has learned to question "What can I do to help my community? It starts with me! I need to focus my energy and skills to help others." His training has given him the energy and skills to take on things. (He also nicely extricated that foot!)

Russ Burke, Co-chair of Nanaimo Branch of Leadership BC, then thanked our Club for our five years of support to the program. This year, 26 candidates have been selected. Russ said this program gives each of the candidates transferable business skills. He thanked Ken for his involvement in the course, and how VIU has certified the program towards a unit, or

...continued on next page!

Rotary Club Meetings

- Monday – Parksville, Bayside Inn, Noon
- Tuesday – Nanaimo North, Frith-Radcliffe Auditorium, Kiwanis Village, 6:15 p.m.
- Wednesday – Nanaimo Oceanside, 3rd Street Fieldhouse, 5 p.m.
- Thursday – Lantzville – ABC Restaurant on Mary Ellen Drive, 7 a.m.
- Friday – Nanaimo – Coast Bastion Inn, 12:15 p.m.

Rotary Contacts

- Club President:**
Dave Perry
- Club Secretary:**
Eileen Tatton
- Club Treasurer:**
Cindy Bartlett
- Club President Elect:**
Patrick Maguire
- Bulletin Editor:**
Robb Mowbray
- Foundation Chair:**
Dawne Anderson
- Assistant Governor Area 2B**
Brenda Grice
- District Governor 2009-10:**
Alex Alexander
- RI President 2009-10:**
John Kenny

Make-ups

To ensure that your make-up information is properly recorded, send any info on extra meetings attended, extra committee work, service projects, online work, etc. to Rod Mont at mont@islandlaw.ca

Four Way Test

1. Is it the TRUTH?
2. Is it FAIR to all concerned?
3. Will it build GOODWILL and BETTER FRIENDSHIPS?
4. Will it be BENEFICIAL to all concerned?

Upcoming 2010 Events:

- Daybreak Poker Night
Nanaimo Centre Stage
Sunday, March 14 at 2 pm.
- Swing Into Spring
Bowen Park Auditorium
Saturday, March 27
- Rotary International Convention
Montreal, Canada; June 20-23.



Meeting Notes - continued...

degree in Community Leadership. Karin Mattern thanked the presenters, and presented the three with a book we will donate in their name.



...Dave T reports on Swing Into Spring promotion...

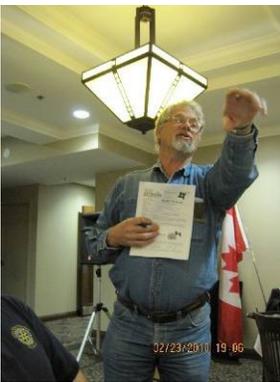
Don Bonner gave the tally collected for President Dave's Tuesday Polio-Plus Presidents Departure Bay dip. He tallied over \$700 and said he will likely squeeze more before he finishes. President Dave then announced that can no longer double park in the front area at Origin's.

Bill Brendon said he now has the printed tickets for the Poker Game on Sunday 14 March, costing \$50.

Nelson Allen spoke about our 'Swing into Spring' on 27 March at Bowen Centre, limited to 160, with tickets only \$40. Dave Thompson spoke of last year's experience. He was not a fan of jazz, but said he was blown away with the depth of local talent and the music provided by the three big bands. Don't miss it! Lastly, bring your silent auction items to Patrick.



...as does Randall...



**...Daryl collects the fines and happy bucks...
...with authority...**

50/50 was drawn by birthday boy Neil Sorsdahl, and he chose to leave the money for someone else. Don Bonner was fined for sharing, Donna Allan payed as she didn't get outta the way, Terry paid for his lack of enthusiasm with the Invocation, President Dave was fined for not wanting to line up, Ken finally paid for his chattiness, Daryl K shoulda been hit twice for being a public telephone. Ron commented on how he felt that Rotary funding was usually directed towards larger groups yielding the most bang for our buck, rather than on individuals. In this instance, it is obvious that our dollar is well spent, and the results will continue to benefit the candidates, and our community at large. Was that you Nelson who announced the "Dialogue on Fresh Water Sustainability" in 11 June? Dave T. then wanted to share another happy buck, as Ron's statement was the most lucid thing he has ever said!

Nelson mentioned the upcoming training session for World Community Service on Grant Applications. Our Chairs for Foundation, President-Elect and WCS must attend if we are to get grants. And that was our Wednesday meeting.

FOR THOSE OF YOU WHO DID NOT WATCH: CANADA WON GOLD!!

Some More Photos from the Presidents' Dip in Departure Bay

