



### Club Duties

If you are unable to fulfill your duty, could you please find a replacement or let the President know you are unable to attend.

#### January 13th, 2009

**Front Door Greeters:**

Denise Larson & Doug Lum

**Invocation:**

Don Bonner

**Introductions:**

Robb Mowbray

**Rotary Minute:**

Ricki Kristiansen

**50/50:**

Dave Thompson

**Sgt @ Arms:**

Kris Rongve

#### January 20th, 2009

**Front Door Greeters:**

Jim McIvor & Neil Sorsdahl

**Invocation:**

Ron Blank

**Introductions:**

Christine McAuley

**Rotary Minute:**

Daryl Knievel

**50/50:**

Dave Thompson

**Sgt @ Arms:**

Daryl Stech

#### January 27th, 2009

**Front Door Greeters:**

Robb Mowbray & Val Lennox

**Invocation:**

Cindy Bartlett

**Introductions:**

Denise Larson

**Rotary Minute:**

Terry Rogers

**50/50:**

Randall Taylor

**Sgt @ Arms:**

Don Bonner

## Weekly Wake-up

### Upcoming Programs

January 13th - TBA

January 20th - Club Assembly

January 27th - Bankruptcies - Terry Rogers

## NOTICES & NEWS

### *Best Wishes, Ron! ...*

Our very best wishes to Daybreak member Ron Medd who informed us at last week's meeting that he will be undergoing cardio bypass surgery at Royal Jubilee Hospital in Victoria. We know you will be in very good hands, Ron, and we look forward to seeing you again after the surgery.

### *Proposed New Members...*

Sarah Staniforth, Origins at Longwood; Classification: Marketing and Management.

Barbara Denike, Classification: Music Education.

The above individuals have been proposed for membership. If any member objects to their admittance into the club, please advise the board in writing within 7 days of this notice.

### *Shelter Boxes on target...*

It was reported in the Shelter Boxes Canada newsletter that the goal of raising funds for 1000 Shelter Boxes this year, as set at the beginning of July, was on target. As of December 31st, they stood at 500 boxes. And the generosity of Rotarians is being felt in the most needed locales around the globe with the deployment of these boxes!

### *Qualicum Beach student goes to Copenhagen!...*

The Danish Rotary District 1470 created a world wide essay competition "My Life and My World in 2050" for skilled and creative young people ages 16 – 22 years. The contest was to lead to the World Conference on Climate held in December 2009 in Copenhagen. The first prize was 8000 Euro dollars and a trip to Copenhagen for the Conference.

Madeleine Dwyer, a student at Kwalicum Secondary School in Qualicum Beach, BC, within District 5020 won the first prize. Madeleine gave her presentation of her vision of the future at the United Nations World Conference on Climate Change. The jury consisted of representatives of the business and academic world and the contest was sponsored by Boeing.

### Club Birthdays

No Birthdays this week.

### Club Anniversaries

No Anniversaries this week.

*Meeting Notes—January 6th**submitted by Ron Blank*

On the cue of President Dave, Rod Mont proceeded to improve our morning ambience of our Wednesday meeting. Bruce Mede then **ably** gave our invocation.

Under the guidance of Randall Taylor, Ron Medd introduced Lantzville Rotarian, and good friend, Bob Stitt, who's classification is "Maintiens le droit" and lastly served as Superintendent of our Nanaimo Detachment. Guests of Rotarians: Rod Mont introduced Barb Denike, with talents in Music Education, Sarah Staniforth has skills in Marketing & Management, and who, coincidentally, graced the front pages of the Nanaimo Daily News, and this Saturday's Harbour City Star. President Dave Perry then introduced our guest speaker Christine McCubbin, Programme Coordinator of Nanaimo Telephone Visiting Society.

WOW! What a breakfast! Origins Food Service Manager Ross Hughes and the staff outdid themselves. Great stuff! My cholesterol will hopefully recuperate by next Wednesday.

President Dave got us back on track and our Guest Speaker was introduced. Christine McCubbin explained that she was recently hired as the Programme Coordinator of Nanaimo Telephone Visiting Society, (NTVS) whose focus on the well being of seniors, who wish to live independently.

She then told she has an interesting connection with our Rotarian Guest Bob Stitt. Over 25 years ago, she was employed as a shift-supervisor in the Telecommunications Division of an RCMP Detachment. Yes! Coincidence indeed, Bob was the Detachment Commander!

During Christine's busy life, she grew up in Nanaimo, moved away, married, had two children, managed to host 75 Homestay International students, and took nearly 25 years to get her degree. In the early 1990's, her mother's health deteriorated. Christine tried to help by frequent commutes from Calgary, and set up local care and assistance. In fact, her mother was an early client of the Telephone Visiting Society. When her mother's health further deteriorated, Christine & her husband made the decision to finally move to Nanaimo. Thereafter, she attended several NTVS events with her mother. In July last, she was hired as their half-time Programme Coordinator. Her official tasks include client intake, and programme coordination.

Christine said that as seniors age, so do their friends. As such, they lose their networks. NTVS came about as a "Phone a Friend" group. By their Constitution, they do not charge for their services. They developed into 26 extremely active volunteer members and two half-time staff. In addition to telephone contact with their clients, volunteers may also take them out to lunches. The Society has an annual BBQ and Christmas Lunch. "Theatre Angels" volunteer to take the clients, and their friends to the Port Theatre. The Society would like to increase their activities to bi-monthly shopping trips. Unfortunately, they have only one volunteer driver. Like other organizations, this current cash crunch has affected the Society's ability to do more.

Ms. McCubbin has three goals: to increase the income of the Society, to increase the volunteer numbers, and thirdly, to increase the size of their six member Board of Directors. Christine believes their Society is the only one of it's kind in Canada. Although her prime focus was Programmes, the current situation has re-directed her into fundraising. They currently receive \$17,000 annually from BC Gaming. Their funding includes \$14K from United Way, \$4,500 from VIHA and \$4K from the City of Nanaimo. Their website was live last Saturday, and they are working towards bequests and otherwise improving their donation stream. (<http://www.ntvs.ca/>) or Blog <http://ntvs.blogspot.com/> Several questions were posed, and were directed toward fundraising ideas. Ken Hammer then presented the book that we will donate in her name.

Bill Brendon described our "Go for the Gold" Poker event coming on Feb. 28, and yes, they will have a big screen TV, so that you can also watch the Men's Olympic Gold Medal Hockey game.

Ron Medd then read a statement about his health changes since Boxing Day. He related chest pain, diagnostics in Nanaimo hospital, angiogram in Victoria, and scheduling of by-pass surgery this coming week. WOW! Fit, muscular, and looking great! What will happen to the rest of us? Contrary to Ron's wishes, Wendi stated that he would receive get-well cards from us. Ron, we want you to know we are thinking of you. BTW, have you picked out your chest pillow yet?

Wendi proceeded with the 50/50 and other gifts. Bill Brendon may be lucky in cards, but not in 50/50 draws. Don Bonner succeeded in capturing a beverage and Robb Mowbray found a chance to sweeten his lovely wife Barbara.

Sgt Dave then spoke on how historically; we did a monthly tip day for each of our past facilities. Somehow, it was overlooked, or whatever. He said that Sarah Staniforth agreed with the principle, and that all staff, kitchen, housekeeping, etc., will share the gratuities. Thus, we re-started our tradition, and hereafter, the first Wednesday of each month will be tip day. Dave then told us (?gloated?) that he and Cheryl will be off in the Caribbean for the next 11 days. Enjoy!

*Rotary Club Meetings*

Monday – Parksville, Bayside Inn, Noon

Tuesday – Nanaimo North, Frith-Radcliffe Auditorium, Kiwanis Village, 6:15 p.m.

Wednesday – Nanaimo Oceanside, 3rd Street Fieldhouse, 5 p.m.

Thursday – Lantzville – ABC Restaurant on Mary Ellen Drive, 7 a.m.

Friday – Nanaimo – Coast Bastion Inn, 12:15 p.m.

*Rotary Contacts***Club President:**

Dave Perry

**Club Secretary:**

Eileen Tatton

**Club Treasurer:**

Cindy Bartlett

**Club President Elect:**

Patrick Maguire

**Bulletin Editor:**

Robb Mowbray

**Foundation Chair:**

Dawne Anderson

**Assistant Governor Area 2B**

Brenda Grice

**District Governor 2009-10:**

Alex Alexander

**RI President 2009-10:**

John Kenny

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*Make-ups*

To ensure that your make-up information is properly recorded, send any info on extra meetings attended, extra committee work, service projects, online work, etc. to Jeff Boegel

[dorack@shaw.ca](mailto:dorack@shaw.ca)

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Please send content and photos for the Weekly Wake-up to Robb Mowbray at [robb@theatrebc.org](mailto:robb@theatrebc.org).

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**FOUR WAY TEST**

1. Is it the TRUTH?
2. Is it FAIR to all concerned?
3. Will it build GOODWILL and BETTER FRIENDSHIPS?
4. Will it be BENEFICIAL to all concerned?

