



*Club Duties*

If you are unable to fulfill your duty, could you please find a replacement or let the President know you are unable to attend.

**September 30th, 2009**

- Front Door Greeters:**  
Bill Brendon & Rod Mont
- Invocation:**  
Caran Carr
- Introductions:**  
Terry Rogers
- Rotary Minute:**  
Bruce Mede
- 50/50:**  
Randal Taylor
- Sgt @ Arms:**  
Dave Thompson

**October 7th, 2009**

- Front Door Greeters:**  
Ron Blank & Christine Craigie
- Invocation:**  
Brian Kirkhope
- Introductions:**  
Val Lennox
- Rotary Minute:**  
Don Bonner
- 50/50:**  
Randal Taylor
- Sgt @ Arms:**  
Neil Sorsdahl

**October 14th, 2009**

- Front Door Greeters:**  
Kris Rongve & Terry Rogers
- Invocation:**  
Robb Mowbray
- Introductions:**  
Darryl Shaw
- Rotary Minute:**  
Denise Larson
- 50/50:**  
Wendi Ferrero
- Sgt @ Arms:**  
Kris Rongve

**Weekly Wake-up**

*Upcoming Programs*

- September 30th - Club Social
- October 7th - Vancouver Island Symphony - Margot Holmes & Bobbi Kurtz
- October 14th - Kidsport - Nola Dunn

**NOTICES & NEWS**

*LAST CHANCE TO REGISTER for Night at Museum...*

A Night at the Museum - 7:30pm - 9:30pm October 1 2009. Reception at Museum to see what our Rotary investment has done. See the Rocket Richard exhibit on loan from the Canadian Museum of Civilization.

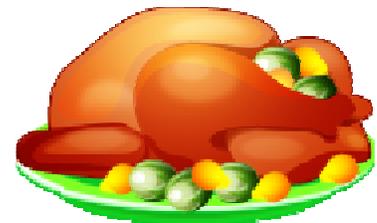
Cost is \$10.per person to cover some cheese, meat and fruit. One glass of wine is included. HonouraryBar for additional drinks.

Please RSVP to Brian ([rotarybrian@mannkirk.com](mailto:rotarybrian@mannkirk.com)) if you did not sign the sheet at the meeting.

*ROSTER RECALL...*

Just a reminder that if you have two Rosters and don't use both, can you bring one back and give it to Wendi Ferrero? We didn't order enough for two for everyone and some members don't even have one yet. If you want a copy, let Wendi know.

*Coming Soon...*



*Club Birthdays*

No Birthdays for the next two weeks

*Club Anniversaries*

- |            |               |
|------------|---------------|
| October 8  | Daryl Stech   |
| October 9  | Neil Sorsdahl |
| October 10 | Doug Lum      |
| October 11 | Donna Allen   |
| October 11 | Nelson Allen  |

*Meeting Notes - September 23rd, 2009 submitted by Ron Blank*

Rod's saxophone accompaniment to O' Canada started our weekly meeting. Christine Craigie's delightful invocation:

With our friends beside us,  
 And no person beneath us,  
 With the bonds of Rotary between us,  
 And our worries behind us,  
 And no task beyond us,  
 With a thirst for knowledge,  
 And a dream of a Polio free world,  
 We are thankful for our Rotary friends and the meal we are about to share.  
 Thank-you, Shalom, Ah-men (Chris Offer, Governor 5040, 99-00)

Patrick Maguire then intro'd our guest speaker Bridgette Zohner, representing 'Unite for Site,' and Neil intro'd another speaker Stephen Creighton, a BMX Racer. We were also blessed with the presence of past District Governor Ross White, introduced by past Asst. Governor Brian Kirkhope. Sgt-at-Arms Bruce Mede considered the exhortations from his table members: they proceeded to our breakfast buffet last! Others appeared to move as an uncoordinated gaggle.

After a hearty breakfast, President Dave quickly got us under control and had Patrick intro' our guest speaker Bridgette Zohner, a fourth year VIU Bacc. Nursing Programme student, originally from Powell River. Bridgette is going to Ghana for six weeks in Apr 2010 with the non-profit Unite for Sight organization. She said her first trip to Ghana was in 2008, into the Brong Ahafo Region of Ghana, with a CIDA initiative for HIV/AIDS. It was her first time on an aircraft. Bridgette showed several pictures of that trip. She discovered it was customary for visitors for any project to receive the permission of local chiefs, gifts were accepted, and schnapps was an effective lubricant. The Ghanaians are very hospitable and happy people. In addition to her duties, she visited Mole National Park, where you can see the widest



**Patrick introduces Guest Speaker Bridgette Zohner...**

range of wildlife in Ghana, with a multitude of monkeys and baboons. After her return, Bridgette moved towards volunteering with 'Unite for Site' organization. Her upcoming volunteer work will be to assist in surgery for cataracts, and to provide education and medications for prevention of common eye infections. Unite for Sight's 09/10 goals were to provide 27,000 cataract surgeries, with 800,000 patients served. To date, they have already exceeded this year's goals with 28,000 surgeries and many more patients served.

Brigitte asked why should she be involved? Her answers included: she is passionate about health, thrilled with adventure, wants to share her craft and wants to give something to our society.



**...Dawne thanks Bridgette with a book donation...**

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**Rotary Contacts**

- Club President:**  
Dave Perry
- Club Secretary:**  
Eileen Tatton
- Club Treasurer:**  
Cindy Bartlett
- Club President Elect:**  
Nicole Gosselin
- Bulletin Editor:**  
Robb Mowbray
- Foundation Chair:**  
Dawne Anderson
- Assistant Governor Area 2B**  
Brenda Grice
- District Governor 2009-10:**  
Alex Alexander
- RI President 2009-10:**  
John Kenny

*~~~~~  
 Make-ups*

To ensure that your make-up information is properly recorded, send any info on extra meetings attended, extra committee work, service projects, online work, etc. to Jeff Boegel [dorack@shaw.ca](mailto:dorack@shaw.ca)

*~~~~~  
 Please send content and photos for the Weekly Wake-up to Robb Mowbray at [robb@theatrebc.org](mailto:robb@theatrebc.org).*

**FOUR WAY TEST**

1. Is it the TRUTH?
2. Is it FAIR to all concerned?
3. Will it build GOODWILL and BETTER FRIENDSHIPS?
4. Will it be BENEFICIAL to all concerned?

**Rotary Club Meetings**

- Monday – Parksville, Bayside Inn, Noon
- Tuesday – Nanaimo North, Frith-Radcliffe Auditorium, Kiwanis Village, 6:15 p.m.
- Wednesday – Nanaimo Oceanside, 3rd Street Fieldhouse, 5 p.m.
- Thursday – Lantzville – ABC Restaurant on Mary Ellen Drive, 7 a.m.
- Friday – Nanaimo – Coast Bastion Inn, 12:15 p.m.



In preparation for her trip, she will spend several weeks with an ophthalmologist, and upgrade her knowledge on ophthalmic pathophysiology. Then, she will be ready to make an impact, when she lands in Ghana. For her trip, Bridgette has already reached her fundraising goals of US \$1,500, and has doubly exceeded her goal of 500 pairs of glasses. (Which btw weighs 40 Kg) Why take glasses, instead of cash to Northern Ghana? Because there is one Ophthalmologist per three million people, and limited availability of eyeglasses. Most of her role will be to assist the surgeon with cataract surgeries. She will also be educating on the adverse effects of 'couching,' a traditional way of puncturing the eye to allow for 'light' to penetrate the eye of those affected with glaucoma. This results in blindness and infections of the eye. Patrick thanked Bridgette and chose a book "Guinea-pig in the Garage," which will be donated to a local children's library, in her name.



*...Neil introduces Guest Speaker Steve Creighton...*

The irrepressible, golfer extraordinaire, Neil Sorsdahl, introduced our next speaker, Steve Creighton. Steve Creighton has been everywhere, done everything and is only 17! (What happened to me at 63?) As a BMX biker, Steve's raced in Akron, OH, Phoenix, AZ, Texas and Delaware, as well as the Canadian Series in BC. Steve has just returned from the World's in Adelaide AUS and made it to the semi-final round. Steve was 5<sup>th</sup> overall in the American Series, and won our Canadian Title. He was recently awarded the Nanaimo Junior Athlete of 2009. Upcoming, Steve's trainer, from France, sets out his daily fitness regimen, and he has been picked to represent the Cdn Super cross event in France. Steve's goals include the 2012 Olympics and beyond. Questions solicited that he started locally at our BMX Track at eight years of age. He explained that BMX tracks indoor races lasted 30 seconds, and outdoor events, similar to Beijing, last all of 39 seconds. (Girl, am I getting old! I thought life was based on minutes and hours!) His typical youth answer to:

"How much is your bike worth?" was: "A lot!" Terry Rogers was prescient when he showed the title of the book to be donated in Steve's name "Doggie Dare."

Pres. Dave Perry announced that our Outbound GSE student for Germany is Angela Buick. He mentioned the upcoming Men's fashion show in Ladysmith (Denise Larson has tix, but you can Google it for dates) He asked that we remember the 2011 Rotary Int'l Conference in Montreal, and on One October, a meeting, (time tba) for those interested will be held in the Black Bear Pub. (which conflicts with our 7:00 PM Museum night)

Patrick Maguire's Rotary Minute spoke of doing make-up's, wherever you go! Patrick, and I'm sure Maura, has visited clubs in Portugal, ESP, NZ, and even that foreign country IRE. Their experience of meeting Rotarians on their home turf provides a good intro into their community. Visits have resulted in tours and visits at their Rotarians homes. He advised that you plan in advance, as some clubs are cavalier on when and where their meetings are to be held. Expect more formal wear, including a tie, in Europe. Most greeters are excellent ambassadors for their club, and will often greet you in our English language, even though their club meeting is in a different language. "It can be a fun loving experience." We then asked to repeat the Four Way Test.

Rod presented the Conflict Resolution guidelines.

Wendi explained that she needed to publicly "eat crow." She then asked that those of us with two Rosters kindly return one, as this is our true allotment. She also advised that Nicole is home, and subject to filtering by her sister, will accept calls.

Bill Brendon mentioned Fireside chats, which are mandatory for all members, and dates will be soon finalized.

Rod presented last week's motion to have both the Secretary and Treasurer position for a two-year period (overlapping), seconded, passed. (Which blonde opposed?)

Our 50/50 is now over \$900, and Dawne Anderson got the Ahhs! Other draws allowed Bob Wall to take home some wine and Rod got stuck with the beer.

Brian announced the One October Nanaimo Museum tour would cost \$10 each.

Finally, Jeff Boegel has proven successful in his quest. Cathy Robson agreed and they will marry next summer.

Sgt Bruce Mede noted that Brian K had attempted a bribe (OK, Paying fines in advance) but Bruce noted that he is obviously a poor lawyer, as had preferred the paltry sum of \$0.47. Kris showed that lawyers stick together and upped the ante to one dollar. Happy dollars all around concluded another successful Daybreak meeting.



*...Terry thanks Steve with another book donation...*