



### Club Duties

If you are unable to fulfill your duty, could you please find a replacement or let the President know you are unable to attend.

#### September 9th, 2009

##### Front Door Greeters:

Kris Rongve & Jim Jeffries

##### Invocation:

Francine Frisson

##### Introductions:

Eileen Tatton

##### Rotary Minute:

Christine McAuley

##### 50/50:

Dave Thompson

##### Sgt @ Arms:

Daryl Stech

#### September 16th, 2009

##### Front Door Greeters:

Randal Taylor & Karin Mattern

##### Invocation:

Denise Davidson

##### Introductions:

Daryl Stech

##### Rotary Minute:

Jim McIvor

##### 50/50:

Darryl Shaw

##### Sgt @ Arms:

Don Bonner

#### September 23rd, 2009

##### Front Door Greeters:

Nelson Allen & Denise Larson

##### Invocation:

Christine Craigie

##### Introductions:

Theo Postulo

##### Rotary Minute:

Patrick Maguire

##### 50/50:

Darryl Shaw

##### Sgt @ Arms:

Bruce Mede

## Weekly Wake-up

### Upcoming Programs

September 9th - Port of Nanaimo - Bob Bennie

September 16th - Club Assembly

September 23rd - Unite for Sight/BMX Racing - Bridgette Zohner/Steven Creighton

## NOTICES & NEWS

### *Golf message from Ron Blank...*

I have arranged for at least three tee times at Cottonwood, beginning at 3:00 PM Tuesday September 14th at Cottonwood Golf Course (Maybe earlier). **NOTE: the first date is the 14<sup>th</sup>, not the 8<sup>th</sup> as announced at last week's meeting!**

COST \$40, includes 18 holes of golf, cart, beer and burger. (9 holes, meal, 9 holes)

Hello, did I say 40 bucks? (18, seat & nose-bag) Yes I did! And thank our new Pro Winston Michell for this one.

Contact me directly, [ronfblank@shaw.ca](mailto:ronfblank@shaw.ca) or 250 933 0996, or lastly Cell 250 80 21473



### Club Birthdays

September 15 Christine Craigie  
September 19 Val Lennox

### Club Anniversaries

September 6 - Bob Wall

*Meeting Notes - September 2nd, 2009*

*submitted by Ron Blank*

President Dave is back in the saddle. (Oops, poor choice of words) He wanted us to envision the padded results of him driving 4700 km on his motorcycle.



**President Dave...seems to be a little out of focus...**

The good news is Rod was still with us and his rendition of Oh Canada was successful in covering our suspect singers. Nathan was not taken by surprise when asked to introduce any visiting Rotarians and Guests. Donna introduced the youth of Vancouver Island: her grandson Dillon, Angela Dziewior, Paralympic Skier, & Angela's friend Colin Carver. Karin introduced Tel Martel, of World Financial Group, Nanaimo. Daryl Kneivel introduced his daughter Brittany and her VIU Basketball Coach Bill McWhinnie. Note that Chris E was here as well. Sgt at Arms Dave Thompson then capably confused some oldsters and youngsters with his directions, so we got to eat early.

After some quality time spent supping and enjoying some morning fellowship, Dave righted the ship and we proceeded into

our programme. Donna Allen gave a brief bio on our speaker Angela, who we learned was a student of Donna's. Angela was a peer helper when in school with the Elementary Play Safe Programme, a good citizen of our community, and an up and coming Paralympic downhill skier.

Angela described some of her events from the past year. She reminded us that she broke her good ankle last year. Her recovery was expected to be long and difficult. Unlike her prosthetic foot, she noted, you can't order an off-the-shelf replacement. Her repairs came faster than expected, and she is now back skiing. Angela also spoke of how our helped this young High School kid with some needed equipment and how we believed in her. She is very thank-full for that help. And yes, she has been selected as part of Canada's Paralympic Ski Team.

Angela then told of her recent training camp in Chile. Whoo Hoo! Exciting stuff says Angela: twenty-three years of age and she can now ride a pommel lift. This lift was unnerving and pretty basic: the seat was the size of a Frisbee, no spring loading to cushion the rider at the start, and powered by a diesel engine. Their training camp was at the back part of the ski resort: therefore, no interruptions from other skiers, and fresh powder. For those in the know, technical ski events have the skiers moving at 50 to 70 km/hr. Speed events are essentially on ice, and are really fun, she says. Downhill skiers live for it. Speeds are from 90 to 120 Km/hr. If they were to try their speeds on Mount Washington, they would tear up your ski pass and send you home.



**...Angela Dziewior with Karin...**

At their Chilean hill, the new snow covered all of the landmarks, there was no definition. All you could see were rocks and snow. The coaches had painted blue lines for jumps, and curved lines for turns. Everyone tried to get the others to go first. They radioed

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**Rotary Contacts**

- Club President:**  
Dave Perry
- Club Secretary:**  
Eileen Tatton
- Club Treasurer:**  
Cindy Bartlett
- Club President Elect:**  
Nicole Gosselin
- Bulletin Editor:**  
Robb Mowbray
- Foundation Chair:**  
Dawne Anderson
- Assistant Governor Area 2B**  
Brenda Grice
- District Governor 2009-10:**  
Alex Alexander
- RI President 2009-10:**  
John Kenny

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**Make-ups**

To ensure that your make-up information is properly recorded, send any info on extra meetings attended, extra committee work, service projects, online work, etc. to Jeff Boegel [dorack@shaw.ca](mailto:dorack@shaw.ca)

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*Please send content and photos for the Weekly Wake-up to Robb Mowbray at [robb@theatrebc.org](mailto:robb@theatrebc.org).*

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**FOUR WAY TEST**

1. Is it the TRUTH?
2. Is it FAIR to all concerned?
3. Will it build GOODWILL and BETTER FRIENDSHIPS?
4. Will it be BENEFICIAL to all concerned?

**Rotary Club Meetings**

- Monday – Parksville, Bayside Inn, Noon
- Tuesday – Nanaimo North, Frith-Radcliffe Auditorium, Kiwanis Village, 6:15 p.m.
- Wednesday – Nanaimo Oceanside, 3rd Street Fieldhouse, 5 p.m.
- Thursday – Lantzville – ABC Restaurant on Mary Ellen Drive, 7 a.m.
- Friday – Nanaimo – Coast Bastion Inn, 12:15 p.m.



to the coaches, saying they didn't want to run. The coaches said "Suck it up!" The first couple of runs were very slow. The coaches said "Grow some balls!" (Would that be the Christmas kind?) By the end of that first day, the skiers went from terrified to confident. You learned to trust your skills and your body knew how to handle "air." "Holy Cow!" Angela said she would never be afraid of another track. The coaches said this was good training for the "Frog Bank" at Whistler. Apparently, this track defies physics, and when it is foggy ... even more so. Chile is another small victory in Angela's quest for the Paralympic Podium.

Angela spoke of the upcoming year: one month off to build strength in her leg, which she wants to look like a tree. Then World Cup Events: October, Switzerland; November, Ontario; December, Colorado. Then, whirlwind trips in Jan-Feb thru' Austria, France, Germany & where ever. It will be, in and out of the van, put on the skis, back in the van to get warm. All this events are to improve here 'start order' in Whistler; then Paralympics from March 14 – 25<sup>th</sup>.

Afterwards? She will continue her four-year Marketing Degree that will take her eight years to complete. Maybe, she will try more skiing, or coaching? Dave Perry seemed interested in the skiing accidents. Angela said that on the World Cup, the crowds are always looking for the sweet crashes. We think Dave was looking for business.

Brittany Kneivel spoke of their upcoming Golf Tourney on September 14, either she or Daryl have the forms. Beer and Burgers to follow at the Somerset Pub.

Ken Hammer spoke about Nicole's recovery mode. She is doing fine, but with her sleep patterns, no phone calls please. Nicole will reply to your email. Daryl K saw her Tuesday and said her spirits are high.

Dually tasked Dave announced the Fifty-fifty pot is now at \$788. Nobody wanted it. Dave then said that the first bottle of Champagne would be drawn by ticket and the second would be won by cutting cards against the President. Dave was corrected, in that, those two bottles were called 'Champanade' and they were non-alcoholic. Humph! Dave said he would give them away instead! Dave then stepped into his Sgt's suit and proceeded round with the fine bucket. Christine C was fined for touching Nathan's hair, and not that of a nearby follicularly challenged male. Nathan appreciated the "touching". Is Nathan using pommade? Beam me up, Scotty! Jeff Boegel remembered to grab the Past-Pres's nameplate, to remove the President tag. Dave fined him anyway. Neil and Ron B were fined by not following the rules of cash. Both snivelled that we had not been otherwise trained. Ron B then pointed out the Sgt likely hadn't read the duties, as he did not arrive with the customary treats for the draw, and that Ron had actually saved his bacon by providing the Champanade.

**Announcements:** Donna will try and arrange a group to see Angela ski. Brian has a proposed date of 20 Sept for Cowichan Valley Wine tasting and a Thursday museum tour for Doug (and others) to see why Toronto can never win the Stanley Cup, and Ron B has three tee times @ Cottonwood, Tues 14<sup>th</sup> Golf, seat, beer & burger for \$40, call him to confirm your intentions.



*...our guest speaker Angela Dziejwior with her former teacher, Donna Allen*