

*Club Duties*

**August 6, 2008**

**Front Door Greeters:**  
Brian Kirkhope & Ron Medd

**Invocation:**  
Ken Hammer

**Introductions:**  
Doug Lum

**Rotary Minute:**  
Val Lennox

**50/50:**  
Wendi Ferrero

**Sgt @ Arms:**  
Neil Sorsdahl

**August 13, 2008**

**Front Door Greeters:**  
Bill Brendon  
& Marijke Van Rooyen

**Invocation:**  
Caran Carr

**Introductions:**  
Christine McAuley

**Rotary Minute:**  
Daryl Stech

**50/50:**  
Jo-Ann Harding

**Sgt @ Arms:**  
Maira Steele

**August 20, 2008**

**Front Door Greeters:**  
Karin Mattern & Cathy Robson

**Invocation:**  
Dean Carto

**Introductions:**  
Lee Mason

**Rotary Minute:**  
Robb Mowbray

**50/50:**  
Jo-Ann Harding

**Sgt @ Arms:**  
Daryl Stech

# Weekly Wake-up

*Upcoming Programs*

August 6th - Bonnie Murrel, GSE Mexico experience

August 13th - Lee Mason, Nanaimo Chamber of Commerce

August 20th - Ron Blank, Club Assembly (focus on Membership as it is Membership and Extension Month)

August 27th - Erin Van Steen, School Board Scholarships and Awards program

## NOTICES & NEWS

*Shelter Box Pancake Breakfast*

Coordinated by Chris Everett from Daybreak and Wayne Anderson, Pres. of Rotary Nanaimo, we participated in a Pancake Breakfast and Show & Tell for Shelterboxes in the Saturday Northtown Centre Farmers Market. Both Clubs raised about \$800 between them and Northgate Centre Carlene, Patenaude, promotions person suggests they will top up those funds to \$1200 to purchase one more Shelterbox.



Thanks to Patrick, Don, Jeff, Cathy, Daryl, Rod who erected and at the end "derected" the tent. Cathy was a whiz at this!

*Former Member pays his old debt ...*

Take a look at the story on Canada.com about former club member Frank Sheddon...hockey buffs will enjoy this one...See the story titled "Howe's good buddy passes the buck" at <http://www.canada.com/saskatoonstarphoenix/news/sports/story.html?id=c4ff298c-7a27-4f66-a2e7-a71a05382be3&k=39692>.

*Club Birthdays*

August 8	Ron Medd
August 15	Denise Larsen
August 19	Doug Lum
August 20	Dawne Anderson
August 22	Peter Koch

*Club Anniversaries*

August 15	Dave Thompson
August 15	Daryl Knievel
August 18	Denise Larson
August 30	Cindy Stanley
Sept. 1	Cindy Bartlett

*Meeting Notes - July 30th*

submitted by Val Lennox

**Guests:** Ron Medd introduced Barry Sparks from the Lantzville Club. Ron Blank introduced Ross White, Past District Governor, from the Downtown Club. Ross White was also the guest speaker.

Ron Blank's Rotary Minute asked how new people could be introduced to Rotary. He suggested the first step is being able to define what Rotary is to prospective members. For the answers, he recommended the insert of the current Rotary Magazine, which summarized Rotary basics.

Birthday wishes to Darryl Shaw – who was present to be sung at. Dave Thompson – who is still in recovery, so escaped being sung at.

**Guest Speaker:** Past District Governor 2002-2003 Ross White (classification: Education Administration) from the Downtown Club aka Rotary Club of Nanaimo.

White retired in 1995 after serving as Superintendent of Schools, CEO for School District #68. In addition to serving as district governor in 2002 – 2003, he was a past chair of the Club's Foundation Committee and was a Rotary Foundation Volunteer Service Grant recipient for a planning mission to Sunyani, Ghana. His recent and current service for Rotary includes Past chair of the Clean Water Initiative Project (now completed); District Trainer for 2004 to 2006, Chair for the 2006 Pacific Northwest multi-district President Elect in Training sessions; Zone 22 District Governor Nominee trainer for 2005; Zones 23 and 24 District Governor Nominee trainer for 2006 and 2007; Zones 22, 27 and 28 District Governor Elect training team member for 2006; and Zone 22 coordinator for President's Literacy Resource Committee from 2006 continuing into 2009.



**Guest Speaker, Ross White tells us about Ghana...**

**An African Adventure**

Ross spoke about his recent trip to south Africa and the power of Rotary to effect change in countries like Malawi and Ghana. Initially, Ross and his wife Pam toured South Africa, then Ross went north to Malawi on a Water for People tour and to Ghana, where there are several projects underway supported by several Nanaimo organizations: the Regional District of Nanaimo (RDN); Vancouver Island University (VIU - formerly Malaspina University-College); and Nanaimo Rotary Clubs.

Malawi has a population of 12.8 million. Ghana has a population of 23 million. Ross touched briefly on the benefits of the successful water projects in Malawi, then focused on the Sunyani district in Ghana, where the RDN, VIU and Rotary projects are occurring. Ghana is an English-speaking country with a stable, democratic government, making it possible for successful development projects. The government is receptive to development projects: a recent initiative now gives each school child one meal a day at school. Sunyani, the capital city for the Sunyani district, is roughly the same size as Nanaimo with slightly more than 80,000 residents. The city is approximately 300 km from Accra (pop. 1,970,400). Initially there was no Rotary Club in Sunyani – the closest club was in Kumasi – but since the start of the service projects, a new Rotary club has formed in the city was chartered in May 2008.



**Francine introduces guest speaker, Ross White...**

*Rotary Club Meetings*

- Monday – Parksville, Bayside Inn, Noon
- Tuesday – Nanaimo North, Frith-Radcliffe Auditorium, Kiwanis Village, 6:15 p.m.
- Wednesday – Nanaimo Oceanside, ABC Restaurant on Mary Ellen Drive, 5 p.m.
- Thursday – Lantzville – ABC Restaurant on Mary Ellen Drive, 7 a.m.
- Friday – Nanaimo – Coast Bastion Inn, 12:15 p.m.

*Rotary Contacts*

- Club President:**  
Ron Blank
- Club Secretary:**  
Nicole Gosselin
- Club Treasurer:**  
Nathan Thornton
- Club President Elect:**  
Dave Perry
- Bulletin Editor:**  
Robb Mowbray
- Foundation Chair:**  
Don Bonner
- Assistant Governor Area 2B**  
Brian Kirkhope
- District Governor 2008-09:**  
Brian Beagle
- RI President 2008-09:**  
Dong Kurn Lee

*Bingo Volunteers*

- Aug. 3 Doug Lum & Daryl Knievel
- Oct. 10 Don Bonner & Bev Wilson
- Dec. 26 Val Lennox & ???
- Feb. 13 Dave Thompson & Nathan Thornton
- Feb. 20 Ken Hammer & Denise Davidson

*Make-ups*

To ensure that your make-up information is properly recorded, send any info on extra meetings attended, extra committee work, service projects, online work, etc. to Rod Mont ([mont@islandlaw.ca](mailto:mont@islandlaw.ca)).

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Please send content and photos for the Weekly Wake-up to Robb Mowbray at [robb@theatrebc.org](mailto:robb@theatrebc.org).

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**FOUR WAY TEST**

1. Is it the TRUTH?
2. Is it FAIR to all concerned?
3. Will it build GOODWILL and BETTER FRIENDSHIPS?



books, books, computers, and school supplies. At present there is very limited storage. In addition to the risk of theft, textbooks and other supplies must be protected from the hot and humid climate.

- Provision of enough locally produced textbooks so each student can have one set of textbooks. At present, students share desks and books. Locally produced textbooks are preferred over North American books in order to ensure relevance for the students. This also supports the Ghana publishing industry, eliminates shipping costs and customs clearance issues.
- Construction of a metal fence around the school to keep goats, chickens and vagrants out. Wooden fences have been built but disappear, since the wood is taken for cooking fires in the nearby shanty towns.

While at the school, Ross noticed both sets of exterior latrines serving the school were locked, leaving the 400 to 500 students little choice but to use the grounds and alleyways as latrines. He spoke to the school administrators and mayor about the health hazard and the latrines have since been opened. He was also concerned about the lack of running water at the school. Due to the effort required to fill the sink, this meant that multiple students used the same sink water for washing.



Everyone seems to be enjoying the meeting...

Ross also visited the Korkors Medical Centre, established by a civil servant Daniel Korkos to help children orphaned by HIV/AIDs. Korkos has placed 60 orphans in foster homes and is now building a cement brick hostel for 10 students. Matching grants applications are being made to provide a computer for the administrative office and to put in a bore well to serve the facility and the surrounding community. The facility will be able to sell the water from the bore well, thus gaining some income. The project also includes provision for health education, to teach basic sanitation. To illustrate what he had done with his own funds and funds received from local Rotary Clubs, Ross showed two photos. The first showed a woman in a wheelchair: the second showed the same woman standing with the help of braces and crutches. The woman was a polio victim whose crutches and braces had worn out. Once Ross replaced them – at a cost of \$200 – the woman was again able to walk and resume caring for her family. Ross noted that Ghana has been polio-free for a year. A second polio-free year will put the country among those where polio has been eradicated.

Ross told another success story about a furniture maker with several children who kept losing work time because his children were constantly ill. Once a bath house and new latrine were added to his home, the children's health improved and the man was able to focus on and expand his business. "We're helping people to help themselves," Ross observed. He identified other areas where Rotarians could help, including a potential micro-credit project for women producing batik and soap and assistance to a secondary hospital in Sunyani. (The main regional hospital – built in 2003 – is well-equipped but the secondary hospital is not.) One limitation is that Rotary Foundation does not provide matching grants for construction projects. However, these grants are still eligible for Canadian International Development Agency matching grant funding, often via CRCIDA. Ross listed the following options as way in which individual Rotarians and/or local clubs can help:

- Sponsor a child
- Provide funds for literacy and books
- Furniture for the hostel
- Funds for teaching aids
- Water for the school and hostel
- Collect clothing or school supplies
- Assist the new Rotary Club of Sunyani

Ron Blank noted that while sometimes the needs of the world can seem overwhelming, the solution is simple: "Start somewhere, do something."

### Nanaimo Museum Opening

Donna Allan reported on the opening of the Nanaimo Museum expansion, which occurred on June 24. Nanaimo Rotary Clubs pledged \$40,000 in cash and \$10,000 in kind to the project. Nanaimo Daybreak is donating \$3,300 annually over three years as the club's share of the project.

### Shelter Box Promotion

Chris Everett announced that he would be erecting an information/donations table with a Shelter Box tent set-up at the August 2 Farmers Market at North Town Centre. He invited volunteers to help from 8 a.m. until noon – especially if they were able to erect a tent.

### LATE BREAKING NEWS:

At the mall display, \$335 was raised by Daybreak Rotary towards another Shelter Tent. Rotary Club of Nanaimo raised approximately \$400 at their pancake breakfast, which was supported by centre businesses who contributed coffee and bottled water. In total, more than \$800 was raised towards the \$1200 required for another Shelter Tent – with the possibility that North Town Centre may contribute the remaining funds.

### Upcoming Service & Fellowship Opportunities:

- Saturday, August 23: Work Party to make a wheelchair accessible exit for Nanaimo Travellers Lodge
- September 2, 3 and 4: Golf weekend in Edmonton – contact Ron Blank for details

Money! Money! Money!

The 50-50 pot had reached \$1,885 and sales were booming. Darryl Shaw failed to draw the winning card while Darryl Stech took home the consolation prize.

**Snapshots:** Joann Harding distributed her photos from Ron's Roast (aka installation) for the edification and enjoyment of those who missed seeing Chris Everett in a grass skirt.



Ah, the Sgt.-at-Arms surveys his victims...